

Lovin' You

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Claire Waugh (UK)
音樂: Lovin' You Against My Will - Gary Allan



ROCK, RECOVER, LEFT SIDE-SHUFFLE, ROCK, RECOVER, RIGHT SIDE-SHUFFLE WITH ¼ TURN

1-2 Step left foot across right foot and rock diagonally forward, recover weight on right foot
3&4 Step to left on left foot, step on right foot beside left, step to left on left foot
5-6 Step right foot across left foot and rock diagonally forward, recover weight on left foot
7&8 Step to right on right foot, step on left beside right, step to right turning ¼ turn right

An alternative to the right side-shuffle with ¼ turn, a 1 ¼ turn right may be substituted

STEP FORWARD, PIVOT ½ TURN, LEFT SHUFFLE FORWARD, RONDE WITH ½ TURN, LOCK STEP BACKWARDS

1-2 Step forward on left foot, pivot ½ turn right
3&4 Step forward on left foot, step on right foot beside left, step forward on left foot
5-6 Make ½ turn left, sweeping right foot across front of left, step on right foot
7&8 Step back on left foot, right step locking in front of left, step back on left foot

ROCK, RECOVER, FULL TURN FORWARD, RIGHT SHUFFLE FORWARD, ROCK, RECOVER

1-2 Rock back on right foot, recover weight on left foot
3 Make ½ turn left on ball of left stepping back on right
4 Make ½ turn left on ball of right stepping forward on left

An alternative to the full turn would be that 2 steps forward may be substituted

5&6 Step forward on right foot, step on left foot beside right, step forward on right foot
7-8 Rock forward on left foot, recover weight on right foot

LEFT SHUFFLE BACK, ROCK RIGHT BACK DIAGONALLY, RECOVER CROSS SHUFFLE, ROCK LEFT BACK DIAGONALLY, RECOVER

1&2 Step back on left foot, step on right foot beside left, step back on left foot
3-4 Rock right back diagonally, recover weight on left foot
5&6 Cross right over left, step left to left side, cross right over left
7-8 Rock left back diagonally, recover weight on right foot

CROSS SHUFFLE, ROCK SIDE RIGHT, RIGHT SIDE SHUFFLE, CROSS ROCK, RECOVER

1&2 Cross left over right, step right to right side, cross left over right
3-4 Rock right on right foot, recover weight on left foot

An alternative to the rock side right would be to sway hips right then left to add styling

5&6 Step to right on right foot, step on left foot beside right, step to right on right foot
7-8 Cross rock left foot over right, recover weight on right foot

LEFT SIDE SHUFFLE WITH ¼ TURN, STEP FORWARD, PIVOT ½ TURN, LOCK STEP, FORWARD, ROCK SIDE LEFT

1&2 Step left foot to side, step right beside left, step to left on left foot turning ¼ turn left
3-4 Step forward on right foot, pivot ½ turn left

An alternative to the left side shuffle with ¼ turn, a 1 ¼ turn left may be substituted

5&6 Step forward on right foot, left step locking behind right, step forward on right foot
7-8 Rock left on left foot, recover weight on right foot

An alternative to the rock side left would be to sway hips left then right to add styling

REPEAT

