

Lovin' Woman

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 1 級數: Intermediate
編舞者: Kate McGoran (AUS)
音樂: I Want Your Loving Arms Around Me - Susan McCann



Sequence: A-L, A-D, C-L, A-D, A-D, C-D (finish with 3 paddle turns then stomp right forward)

PART A

SIDE SHUFFLE, ROCK, RECOVER

1&2-3-4 Step right to right, step left next to right, step right to right side, rock back on left, recover on right
5&6-7-8 Step left to left, step right next to left, step left to left side, rock back on right, recover on left

PART B

STEP, TOE, STEP, HEEL, STEP, TOE, STEP, HEEL

1-2-3-4 Step forward on right, touch toe behind right, step back on left, touch right heel forward
5-6-7-8 Step forward on right, touch left toe behind right, step back on left, touch right heel forward

PART C

SWING BACK, RECOVER, STEP, HOLD, SWING FORWARD, RECOVER, STEP, HITCH

1-2-3-4 Swing right back, step right ball down, recover on left, step right forward, hold
5-6-7-8 Swing left forward, step left ball down, recover on right, step left back, hitch right knee up

PART D

STEP, PIVOT, RECOVER (PADDLE TURNS TO LEFT)

1-2 Step forward on right, pivot $\frac{1}{4}$ turn left on right foot, recover on left
3-8 Repeat 1-2 three times (full turn turning left)

PART E

3 ELVIS KNEES, SIDE POINT

1-2 Step right forward pushing knee inwards, step left forward pushing knee inwards
3-4 Step right forward pushing knee inwards, point left to left side
5-6 Step left forward pushing knee inwards, step right forward pushing knee inwards
7-8 Step left forward pushing knee inwards, point right to right side

PART F

STEP BACK, KICK FORWARD

1-2-3-4 Step back on right, kick left forward, step back on left, kick right forward
5-6-7-8 Step back on right, kick left forward, step back on left, kick right forward

PART G

ROCK SIDE, RECOVER, SIDE, HOLD

1-2-3-4 Rock right to right, recover on left, step cross right over left, hold
5-6-7-8 Rock left to left, recover on right, step cross left over right, hold

PART H

STEP FORWARD, PIVOT TURN KICK FORWARD, COASTER TWICE

1-2 Step forward on right, pivot on right $\frac{1}{2}$ turn left with left kick forward
3&4 Step left back, step right back next to left, step left forward (coaster step)
5-8 Repeat steps 1-4

PART I

RIGHT & LEFT DOUBLE HIP BUMPS, ROCK, RECOVER, STEP, SCUFF

1-2-3-4 Step right forward diagonally, bump hips twice right, twice left
5-6-7-8 Rock back on right, recover on left, step forward on right, scuff left forward

PART J

LEFT & RIGHT DOUBLE HIP BUMPS, ROCK, RECOVER, STEP, SCUFF

1-2-3-4 Step left forward diagonally, bump hips twice left, twice right
5-6-7-8 Rock back on left, recover on right, step forward on left, scuff right forward

PART K

CROSS, RECOVER, SIDE, HOLD

1-2-3-4 Step cross right over left, recover on left, step right to right side, hold
5-6-7-8 Step cross left over right, recover on right, step left to left side, hold

PART L

ROCK FORWARD, RECOVER WITH ½ TURN, STEP FORWARD, HOLD

1-2-3-4 Rock forward on right, recover on left with ½ turn right, step forward on right, hold
5-6-7-8 Rock forward on left, recover on right with ½ turn left, step forward on left, hold
