

Loving Feelings

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Joy Dawson (NZ)
音樂: Whole Again - Atomic Kitten



ROCK, RECOVER, SIDE SHUFFLE, ROCK, RECOVER, SYNCOPATED GRAPEVINE

- 1-2 Step right foot behind left and rock, recover back onto left foot in place
3-4 Side shuffle to the right (right-left-right)
5-6 Step left foot behind right and rock, recover back onto right foot in place
&7&8 Step left foot to the left, step right foot behind left, step left foot to the left, step right foot across in front of left

ROCK, RECOVER, ¼ TURN & SHUFFLE BACK, FULL TURN, COASTER STEP

- &9-10 Step left foot to the left, step right foot behind left and rock, recover back onto left foot in place
11-12 Turn ¼ turn to the left and shuffle back (right-left-right)
13-14 Turn ½ turn to the left and step forward onto left foot, turn ½ turn to the left and step back onto right foot
15-16 Step back onto left foot, step right foot beside left, step forward onto left foot

STEP, SWAY & SHUFFLE RIGHT & LEFT

- 17-18 Step right foot forward 45 degrees and sway forward and back (weight is now on left foot)
19-20 Shuffle forward on 45 degree angle (right-left-right)
21-22 Step left foot forward 45 degrees and sway forward and back (weight is now on right foot)
23-24 Shuffle forward on 45 degree angle (left-right-left)

TAP BEHIND, STEP BACK & HEEL TWICE, ¼ TURN, ½ TURN, SWAY

- 25&26 Tap right toe directly behind left heel, step back 45 degrees on right foot and touch left heel forward 45 degrees
&27&28 Step left foot in place, tap right toe directly behind left heel, step back 45 degrees on right foot and touch left heel forward 45 degrees
& Step left foot forward while turning ¼ turn to the right
29-30 Touch right toe directly behind left heel and on the ball of both feet turn ½ turn to the right ending with weight on left foot (you have done a ¾ turn to the right and will now be facing the opposite wall to where you started the dance)
31-32 Step right foot to the right side and sway to the right and back to the left. (finish with weight on left foot)

REPEAT

FINISH

Finish dance on beat 10, step right foot to the right side and sway right, left