

Lovestoned

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate hip hop
編舞者: Mark Furnell (UK)
音樂: Lovestoned - Justin Timberlake



WALK FORWARD X3, PIVOT POINT, FLICK STEP, HOLD, POP KNEES

1-2 Walk forward, right, left
3-4 Walk forward right, pivot ½ turn right on right foot and point left toe to side
5-6 Flick left foot behind right leg, step down on left foot
7&8 Hold for one beat, lift both heels off floor and step both feet down (knee pops) weight ending on left foot

CROSS ROCK, CHASSE, ROCK BACK, POINT AND HOLD

9-10 Rock right across left, replace weight back on left
11&12 Step side on right, close left to right, step right to side
13-14 Rock back on left, forward on right
15-16 Point left to side and hold for one beat

Add some attitude look to the right as you hold

CROSS, STEP, SAILOR ¼ TURN, HITCH, HITCH TURN, SHUFFLE

&17-18 Step down on left and cross right over left, step left to side
19&20 Sailor step making a ¼ turn right
21-22 Hitch left knee forward, hitch left knee making ½ turn right
23&24 Shuffle forward left, right, left

HITCH TURN, HITCH TURN, CHASSE, SIDE TOGETHER, CHASSE

25-26 Hitch right knee making ¼ turn left, hitch right knee making ½ turn left
27&28 Step side on right, close left to right, step right to side
29-30 Step side on left, close right to left
31&32 Step side on left, close right to left, step side on left

REPEAT

The track is very long. I suggest you fade it out after 4 minutes
