

Lovesick Blues!

拍數: 62 牆數: 4 級數: Intermediate
編舞者: Jenny Bounds (AUS)
音樂: Lovesick Blues - LeAnn Rimes



- 1&2-3&4 Shuffle forward twice right-left-right, left-right-left
5&6-7&8 Shuffle forward twice right-left-right, left-right-left
- 1-2-3&4 Rock forward on right, rock back on left, turn $\frac{3}{4}$ turn right triple, step right-left-right
5-6-7&8 Rock forward on left, step back on right, step left back, step right back next to left, step left forward (coaster step)
- 1-2-3-4 Turn $\frac{1}{4}$ turn left & step right to right & hold, turn $\frac{1}{4}$ turn left & step left to left & hold
5-6-7-8 Turn $\frac{1}{4}$ turn left & step right to right & hold, turn $\frac{1}{4}$ turn left & step left to left & hold
Styling: if you want to, while doing $\frac{1}{4}$ turns left & hold, as you start each turn cross hands over & then hands out to side (palms facing to back), on the hold count!
- 1-2-3&4 Stomp right forward & hold, step right back, step left back next to right, step right forward (coaster step)
5-6-7&8 Stomp left forward & hold, step left back, step right back next to left, step left forward (coaster step)
- 1-2-3&4 Rock right to right side, recover on left, step right behind left, step left to left, cross right over left
5-6-7&8 Rock left to left side, recover on right, step left behind right, step right to right, cross left over right
- 1-8 Paddle turns x4 each turning $\frac{1}{4}$ turn left
- 1-2-3&4 Step right forward turning $\frac{1}{2}$ turn left, kick left forward, step left back, step right back next to left, step left forward (coaster step)
5-6-7&8 Step right forward turning $\frac{1}{2}$ turn left, kick left forward, step left back, step right back next to left, step left forward (coaster step)
- 1&2 Shuffle forward right-left-right
3-4 Step left forward turning full turn right (complete full turn keeping weight on left, hitch/or swing your right leg while turning)
5-6 Step right on the spot then left next to right

REPEAT

TAG

You will facing the back wall for the first time once you have done these following steps

- 1-2-3&4 Step right forward turning $\frac{1}{2}$ turn left, kick left forward, coaster step
5-6-7&8 Step right forward turning $\frac{1}{2}$ turn left, kick left forward, coaster step

Start the dance from the beginning, this restart is only done once.

At the end of the 4th wall:

- 1-2-3&4 Rock right forward, step left back, coaster step
5-6-7&8 Rock left forward, step right back, coaster step
1&2 Shuffle forward

3-4 Step left forward turning full turn right, (complete full turn keeping weight on left, hitch /or swing your right leg while turning)

5-6 Step right on the spot, then step left next to right

Variation: if you want to, instead of doing basic forward shuffles, shuffle forward by turning to right

FINISH

Finish the dance after the shuffles and face the front.
