

Love Train

拍數: 32 牆數: 4 級數: Beginner
編舞者: William Sevone (UK)
音樂: Love Train - The O'Jays



2X CROSS TOUCH-SIDE TOUCH-SAILOR STEP (12:00)

1-2 Cross touch left toe over right, touch left toe to left side
3&4 Cross step left foot behind right, step right foot next to left, step left foot to left side
5-6 Cross touch right toe over left, touch right toe to right side
7&8 Cross step right foot behind left, step left foot next to right, step right foot to right side

2X TURN STEP FORWARD-STEP TOGETHER, FORWARD SHUFFLE (3:00)

9-10 Turn ¼ left & step forward onto left foot, step right foot next to left
11&12 Step forward onto left foot, close right foot next to left, step forward onto left foot
13-14 Turn ½ right & step forward onto right foot, step left foot next to right
15&16 Step forward onto right foot, close left foot next to right, step forward onto right foot

The shuffles are 'short stepped'

¼ LEFT ROCK BACKWARD, ROCK, CHASSE LEFT, ROCK BACKWARD, ROCK, CHASSE RIGHT (12:00)

17-18 Turn ¼ left & cross rock left foot behind right, rock onto right foot
19&20 Step left foot to left side, step right foot next to left, step left foot to left side
21-22 Cross rock right foot behind left, rock onto left foot
23&24 Step right foot to right side, step left foot next to right, step right foot to right side

¼ LEFT ROCK BACKWARD, ROCK, SHUFFLE FORWARD, 2X FORWARD CHUG STEPS, SHUFFLE FORWARD (9:00)

25-26 Turn ¼ left & rock backward onto left foot, rock onto right foot
27&28 Step forward onto left foot, close right foot next to left, step forward onto left foot
29-30 (Short 'hippy' steps) walk forward: right-left
30&32 Step forward onto right foot, close left foot next to right, step forward onto right foot

The shuffles are 'short stepped'

REPEAT
