

Love Train

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 2 級數: Intermediate/Advanced
編舞者: Jill Boxtel (AUS)
音樂: Love Train - Big & Rich



THE MAIN DANCE

RIGHT SAILOR, LEFT SAILOR, SIDE BEHIND SIDE, JUMP ½ TURN RIGHT

1&2 Step right behind left, step left to left side, step right in place
3&4 Step left behind right, step right to right side, step left in place
5-6-7 Step right to right side, step left behind right, step right to right side
8 Jump to make a ½ turn right, landing feet together, toes pointing to right diagonal

TWIST TOES, TWIST HEELS, RIGHT SAILOR, LEFT SAILOR, OUT, REPLACE, SCUFF

1-2 Twist toes left so toes face left diagonal, twist heels left so toes face right diagonal
3&4 Step right behind left, step left to left side, step right in place (turning back to the front during this sailor step)
5&6 Step left behind right, step right to right side, step left in place
&7-8 Step right to right side, step left in place, scuff right over left

BOX SQUARE, SLIDE TOGETHER, STEP HITCH AND TURN

1-2-3-4 Step right down over left, replace left, step right to right side, facing the right diagonal, step left beside right
5-6 Bend knees and slide right foot forward, step left up beside right, straightening knees
7-8 Step right forward, hitch left knee and turn on right foot to face left diagonal with a clap

SLIDE TOGETHER, STEP HITCH, BOX SQUARE

1-2 Bend knees and slide left foot forward, step right up beside left, straightening knees
3-4 Step left forward, hitch right knee and clap
5-6-7-8 Step right down in front of left, step left back, facing the front, step right to right side, step left in place

STOMP, KICK, BALL-STEP, SIDE, BEHIND, SIDE, CROSS UNWIND ½ TURN, DROP HEELS

1-2&3-4 Stomp right in place, kick left leg to left diagonal, step left behind right, step right in place, step left to left side
5-6-7 Step right behind left, step left to left side, cross right over left & unwind ½ turn left on toes
8 Drop heels, weight on left

STOMP, KICK, BALL-STEP, SIDE, BEHIND, SIDE, CROSS UNWIND ½ TURN, DROP HEELS

1-2&3-4 Stomp right in place, kick left leg to left diagonal, step left behind right, step right in place, step left to left side
5-6-7 Step right behind left, step left to left side, cross right over left & unwind ½ turn left on toes
8 Drop heels, weight on left

REPEAT

THE CHORUS

TRAIN STEP, TRAIN STEP, (OPTIONAL ARM MOVEMENTS) STEP SCUFF, STEP SCUFF

1&2& Step right forward, step left in place, step right back beside left, step left in place
3&4& Step right forward, step left in place, step right back beside left, step left in place
5-6-7-8 Step right forward, scuff left forward, step down on left, scuff right forward

Optional arm movements to simulate train wheel pistons: clench fists, arms close to body, forearms out parallel to the floor:

STEP AND SWAY, SWAY, SWAY, SWAY, RIGHT SAILOR, LEFT SAILOR

- 1-2-3-4 Step right to right side and sway right, sway left, sway right, sway left (weight on left foot)
5&6 Step right behind left, step left to left side, step right in place
7&8 Step left behind right, step right to right side, step left in place

17-32 Repeat counts 1-16

TRAIN STEP, TRAIN STEP, SIDE, REPLACE, SAILOR STEP WITH ¼ TURN LEFT

- 1&2& Step right forward, step left in place, step right back beside left, step left in place
3&4& Step right forward, step left in place, step right back beside left, step left in place
5-6-7&8 Step right to right side, replace left, step right behind left, make a ¼ turn left and step left to left side, step right in place

TRAIN STEP, TRAIN STEP, SIDE, REPLACE, SAILOR STEP WITH ¼ TURN LEFT

- 1&2& Step left forward, step right in place, step left back beside right, step right in place
3&4& Step left forward, step right in place, step left back beside right, step right in place
5-6-7&8 Step left to left side, replace right, step left behind right, make a ¼ turn left and step right to right side, step left in place

49-64 Repeat counts 33-48

TAG

After wall 1 dance the following 16 count tag and restart dance at new wall

- 1-2&3-4 Step right to right side, step left behind right, step right to right side, step left in front of right, step right to right side
5-6-7&8 Step left behind right, replace right, kick left leg to left diagonal, step left behind right, replace right
9-10&11-12 Step left to left side, step right behind left, step left to left side, step right in front of left, step left to left side
13-14-15&16 Step right behind left, replace left, kick right leg to right diagonal, step right beside left, replace left

After wall 2 dance the following 32 count tag and restart the dance at the new wall

- 1-2&3-4 Step right to right side, step left behind right, step right to right side, step left in front of right, step right to right side
5-6-7&8 Step left behind right, replace right, kick left leg to left diagonal, step left behind right, replace right
9-10&11-12 Step left to left side, step right behind left, step left to left side, step right in front of left, step left to left side
13-14-15&16 Step right behind left, replace left, kick right leg to right diagonal, step right behind left, replace left
17-18&19-20 Facing the right diagonal, stomp right forward, kick left forward, step left behind right, replace right, stomp left forward
21-22-23&24 Twist heels left, twist heels right, left sailor step, turning to face left diagonal
25-26&27-28 Stomp right forward, kick left forward, step left behind right, replace right, stomp left forward
29-30-31&32 Twist heels left, twist heels right, left sailor step, turning to face the front

After wall 3 dance the 16 count tag above and finish the dance:

- 1-2 Step right to right side (large step), slowly slide left up beside right
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