

Love Supreme

COPPERKNOB
BY STEPHEN

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Mark Caley (UK) & Jan Caley (UK)
音樂: Supreme - Robbie Williams



LUNGE RIGHT STEP, MASH POTATO FEET BACK, RIGHT COASTER, WALK FORWARD LEFT RIGHT

1-2 Lunge right forward, step left up to and behind right in 3rd position (3rd position is heel pointing towards instep)

&3 Split both heels apart, step (slide) right back behind left in 3rd position

&4 Split both heels apart, step (slide) left back behind right in 3rd position

Steps &3&4 can be replaced with swing out slightly and step back

5&6 Step back onto right, close left to right, step forward on right

7-8 Walk forward left, right (optional full turn right on left, right)

LUNGE LEFT STEP, MASH POTATO FEET BACK, LEFT COASTER, PIVOT ½ TURN LEFT

9-10 Lunge left forward, step right up to and behind left in 3rd position (3rd position is heel pointing towards instep)

&11 Split both heels apart, step (slide) left back behind right in 3rd position

&12 Split both heels apart, step (slide) right back behind left in 3rd position

Steps &11&12 can be replaced with swing out slightly and step back

13&14 Step back onto left, close right to left, step forward on left

15-16 Step right forward, pivot ½ turn left (take weight onto left)

RIGHT SIDE, TOGETHER, CROSS, LEFT SIDE, TOGETHER, CROSS, RONDE RIGHT ½ TURN LEFT, LEFT SAILOR SHUFFLE

17&18 Right step to side, close left to right, cross right over left

19&20 Left step to side, close right to left, cross left over right

21-22 Sweep right foot round ½ turn left, right step to side

23&24 Step left behind right, right step to side, step forward on left

STEP SWIVELS TWICE (SKATE), SHUFFLE ¼ TURN RIGHT, ROCK FORWARD ON LEFT, RECOVER WEIGHT TO RIGHT, TOUCH LEFT TOE BACK, UNWIND ½ TURN LEFT

25 Step forward on right pointing toe slightly to right (slightly lifting left)

26 Step forward on left pointing toe slightly to left (slightly lifting right)

27&28 Making ¼ turn right step forward right, close left to right, step forward on right

29-30 Rock forward on left, recover weight to right

31-32 Touch left toe back, unwind ½ turn left transferring weight onto left

STEP, TAP & HEEL-BALL-STEP, PIVOT ½ TURN LEFT, FULL TURN LEFT

33-34 Step forward right, tap left next to right

&35&36 Step back on left, touch right heel forward, step right next to left, step forward on left

37-38 Step forward on right, pivot ½ turn left

39-40 Step forward right, left (turn a full turn left over these two counts)

REPEAT