

Love On My Mind

COPPER **KNOB**
BY SHEILA PALMER

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音樂: Love On My Mind - Freemasons



SIDE, BEHIND, ¼ TURN, STEP, PIVOT, ¼ TURN, BEHIND, SIDE, CROSS, RECOVER, SIDE, CROSS

1-2& Step right to side, step left behind right, ¼ right (3:00) step right forward
3-5 Step left forward, pivot ½ right (9:00), ¼ right (12:00) step left to side
6&7 Step right behind left, step left to side, cross-rock right over left
8&1 Recover weight to left, step right to side, step left over right

TOUCH, DROP, CROSS-DIP, POINT, STEP, ¼ TURN, ¼ TURN, STEP

2 Touch right beside left (body slightly angled to right diagonal)
&3-4 Drop right heel to floor, cross and dip left over right (with knees slightly bent), point right to side
5-6 Step back on right (behind left), ¼ left (9:00) step left forward
7-8 ¼ left (6:00) step right to side, step back on left (behind right)

STEP, HEEL, STEP, TOUCH, STEP, HEEL, BALL-CROSS, ¼ TURN, ½ TURN, STEP-TURN-STEP

&1&2 (Body slightly angled to left diagonal) step back on right, tap left heel forward, step left in place, touch right beside left heel
&3&4 Step back on right, tap left heel forward, step left in place, cross right over left
5-6 ¼ right (9:00) step back on left, ½ right (3:00) step right forward
7&8 Step left forward, pivot ½ right (9:00), step left forward

KICK-BALL-CHANGE, KNEE-POP, STEP, CROSS-STEP-TURN, STEP, PIVOT

1&2 Kick-ball-change (right)
3-4 Pop right knee across left, step back on right (turn body to face right diagonal)
5&6 Cross left over right, ¼ left (6:00) step back on right, ¼ left (3:00) step left forward
7-8 Step right forward, pivot ½ left (9:00)

REPEAT

TAG

Danced once at end of wall 10 facing 6:00. Policeman style ready to "stop" traffic

STOP, HOLD, STOP, HOLD, DOWN, DOWN, DOWN, DOWN

1-4 Right arm out-in-front (fingers pointing up), pause, left arm out-in-front (fingers pointing up), pause
5-8 Bring both hands (both arms still straight) down slightly, repeat a further 3 times (arms now by side)

POINT, TOGETHER, POINT, TOGETHER, STEP, PIVOT, STEP, PIVOT

1&2& Point right to side, step right in place, point left to side, step left in place
3&4& Tap right heel forward, step right in place, tap left heel forward, step left in place
5-8 Step right forward, pivot ½ left (12:00), step right forward, pivot ½ left (6:00)
