

Love Note In A Bottle

COPPER KNOB
BY STEPHEN HETS

拍數: 56 牆數: 4 級數: Advanced
編舞者: Judith Campbell (NZ)
音樂: Jackie's House - Trisha Yearwood



CROSS ROCKS, SYNCOPATED VINE, STEP FULL BACKWARD SWEEP

1-2&3 Step/cross rock left over to right, recover onto right, step left next to right, cross rock right over left
4&5& Recover onto left, step right next to left, step left over right, step right to right
6&7-8 Step left behind right, step right to right, step left in place, sweep right foot in a full turn to right bringing right foot in to left

CROSS, SIDE CROSS, SWEEP, ROCK, RECOVER, BACK LOCK, COASTER

1&2 Step right across left, step left to left, step right across left
&3-4 Sweep left around to front, rock forward onto left, recover onto right
5&6 Step back on left, lock right over left, step back on left
7&8 Step back on right, step left next to right, step forward on right (coaster)

SMALL HITCH SHUFFLE 45 DEGREES RIGHT, HITCH SHUFFLE 135 DEGREES LEFT, HITCH SHUFFLE full turn RIGHT, BACK HEEL, FORWARD, TAP

&1&2 Small hitch to ankle with left foot, turning 45 degrees right shuffle forward left-right-left
&3&4 Small hitch with right foot, turning $\frac{1}{4}$ plus 45 degrees left shuffle forward right-left-right
&5&6 Small hitch with left foot, turning a full turn right shuffle forward left-right-left
&7&8 Step back on right, place left heel forward, step left foot next to right, tap right toe behind left foot (9:00)

DOUBLE ROLL TO RIGHT, 2 HIP PUSHES RIGHT, LEFT, ROLL TO LEFT, 3 HIP PUSHES

1&2& Turning $\frac{1}{4}$ right stepping forward on right foot, turning $\frac{1}{2}$ to right step left next to right, turning $\frac{1}{4}$ to right step right to right side, step left next to right turning $\frac{1}{2}$ right
3-4 Turning $\frac{1}{2}$ right stepping right foot to right side into hip push right, hip push to left
&5&6 Step right next to left, turning $\frac{1}{4}$ left stepping forward on left foot, turning $\frac{1}{2}$ to left step right next to left, turning $\frac{1}{4}$ to left step left to left side
7&8 Hip pushes right-left-right

(&), SIDE ROCK RECOVER, COASTER, (&), SHUFFLE FORWARD, STEP $\frac{1}{4}$ RIGHT, CHANGE WEIGHT

&1-2 Step left next to right, side rock to right, recover onto left
3&4 Step back on right, step left next to right, step forward on right (coaster)
&5&6 Step left next to right, shuffle forward on right (right-left-right)
7-8 Step forward on left turning $\frac{1}{4}$ to right lifting right heel up, lower right heel and lift up left heel

CROSS SAMBA MOVING ON DIAGONAL RIGHT, SAILOR SHUFFLE MOVING ON DIAGONAL LEFT, (&), STEP HOOK FULL TURN TO LEFT, STEP, (&) - LOCK STEP:

1&2 Step left across right, step right to right, step left in place (body on slight angle to left corner)
3&4 Step right behind left, step left to left, step right in place (body still on same angle)
&5-6 (Straighten up to front) step left next to right, step forward on right foot hooking left foot under right knee do a full turn left, step down onto left foot
&7&8 Step right next to left, step left forward, lock right up behind, step forward on left

SIDE BALL CHANGE, BEHIND BALL CHANGE (TWICE), STEP ACROSS SWIVEL, STEP ACROSS $\frac{1}{4}$ TURN

&1&2 Step right foot to right side (on ball), step onto left foot, step right behind left (on ball), step left in place

- &3&4 Step right foot to right side (on ball), step onto left foot, step right behind left (on ball), step left in place
- &5&6 Step right to right, step left over right (on balls of feet), swing both heels to left then right
- &7-8 Step right to right side, cross left over right, $\frac{3}{4}$ turn to right finish with weight on right foot

REPEAT

There is a slight pause only at the end of 1st wall

You will finish the dance facing the back wall, then step left next to right (&), then sweep the right foot around to back doing $\frac{1}{2}$ turn to right taking it behind left foot.
