

Love Man

拍數: 32 牆數: 2 級數: Improver
編舞者: William Sevone (UK)
音樂: Love Man - Otis Redding



4X 'IN-LINE' TOE STRUTS

1-2 Step forward onto right toe, drop right heel to floor
3-4 Step forward onto left toe, drop left heel to floor
5-6 Step forward onto right toe, drop right heel to floor
7-8 Step forward onto left toe, drop left heel to floor

4X SIDE TOUCH-5TH POSITION STEP BACKWARD

9-10 Touch right toe to right side, step backward (5th position) onto right foot
11-12 Touch left toe to left side, step backward (5th position) onto left foot
13-14 Touch right toe to right side, step backward (5th position) onto right foot
15-16 Touch left toe to left side, step backward (5th position) onto left foot

ROCK BACKWARD, ROCK, 3X SHORT FORWARD SHUFFLE

17-18 Rock/step backward onto right foot, step onto left foot
19&20 Step forward onto right foot, close left foot next to right, step forward onto right foot
21&22 Step forward onto left foot, close right foot next to left, step forward onto left foot
23&24 Step forward onto right foot, close left foot next to right, step forward onto right foot

STEP FORWARD, PIVOT ½ RIGHT, JAZZ BOX, SIDE STEP, SHIMMIES: LEFT-RIGHT-LEFT

25-26 Step forward onto left foot, pivot ½ right (weight on right foot)
27-28 Cross step left foot over right, step backward onto right foot
29-30 Step left foot to left side, shimmy shoulders to left
31-32 Shimmy shoulders to right, shimmy shoulders to left

On shimmies, bend knees slightly and lean into move - left, right, left

REPEAT
