A Love Machine



拍數: 0 牆數: 4 級數: Improver 編舞者: Kiley Evans (UK), Ryan Pearson (UK) & Geri Morrison (UK)

音樂: Love Machine - Girls Aloud



Sequence: A A B A A A B (A To The End Of Dance)

PART A

HEEL DIG TWICE, COASTER, 1/4 TURN LEFT POINT, BEHIND SIDE CROSS

1-2 Touch right heel forward twice

3&4 (Right coaster) step back on right, bring left beside right, step forward on right

5-6 Step left ¼ turn left, point right to right side

7&8 Cross right behind left, step left to left, cross right in front of left

TOUCH STEP, SWIVELS, FLICK, ROCK FORWARD AND BACK, PIVOT ½ TURN LEFT

1-2 Touch left to left side, bring left beside right, (weight on left)

Swivel heels right, left, swivel heels right turning ½ left (at the same time flick right foot back)

Rock forward on right, recover weight on left, rock back on right, recover weight on left

7-8 Step forward on right, pivot ½ turn left taking weight on left

SIDE BEHIND, SIDE BEHIND STEP, SIDE BEHIND, SIDE BEHIND 1/4 TURN LEFT

1-2 Step right to right side, cross left behind right

3&4 Step right to right side, cross left behind right, step right to right side

5-6 Step left to left side, cross right behind left

7&8 Step left to left, cross right behind left, step left ¼ turn left

ROCK FORWARD AND BACK, RUN FORWARD RIGHT, LEFT, RIGHT. STEP LEFT. HITCH STEP BACK

1&2& Rock forward on right, recover weight on left, rock back on right, and recover weight on left

3&4 Run forward right, left, right

5-6 Step forward on left, hitch right knee, (option = scoot on left)

7-8 Step back on right, step left beside right

PART B

CROSS SIDE 1/2 TURN RIGHT SLIDE, CROSS SIDE 1/2 TURN LEFT SLIDE

1-2 Cross right over left, step left to left side

3-4 Make ½ turn right, (hinge turn) stepping right to right side, slide left up to right, (keeping

weight on right)

5-6 Cross left over right, step right to right side

7-8 Make ½ turn left, (hinge turn) stepping left to left side, slide right up to left (keeping weight on

left)

STEP FORWARD RIGHT, SWEEP ACROSS, TOUCH BEHIND, STEP BACK, SLIDE STEP BACK, STEP BACK

1-2	Step right forward, sweep left around front of right
3-4	Put weight on left across right, touch right behind left
5-6	Step back on right, slide left just by right

7-8 Step down on left, step back on right

CROSS SIDE ½ TURN LEFT SLIDE, CROSS SIDE ½ TURN RIGHT SLIDE

1	-2	Cross	left.	over right.	sten	right to	riaht
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3-4 Make ½ turn left (hinge turn) stepping left to left, slide right up to left (keeping weight on left)

5-6 Cross right over left, step left to left

7-8 Make ½ turn right (hinge turn) stepping right to right side, slide left up to right, (keeping weight on right)

STEP FORWARD LEFT, SWEEP IN FRONT, TOUCH BEHIND, STEP BACK SLIDE, STEP BACK, STEP BACK

DAOIN	
1-2	Step forward on left, sweep right around front of left
3-4	Put weight on right across left, touch left behind right
5-6	Step back on left, slide right just by left
7-8	Step down on right, step left next to right