

Love Is Alive

拍數: 32 牆數: 4 級數: Intermediate
編舞者: David-Ian Blakeley (UK), Craig Bennett (UK) & Michelle Serridge (UK)
音樂: Love Is Alive - Anastacia



TOUCH & TOUCH & ROCK & TOGETHER, COASTER STEP, POINT, TWIST, TWIST

1&2 Touch right toe out to right side, step right foot next to left, touch left toe out to left side
&3 Step left foot next to right, rock forward on right foot
&4 Recover on left, step right next to left
5&6 Step back on left foot, step right next to left, step forward on to left foot
7&8 Point right toe forward, twist heels right, twist heels back to center

SAILOR ½ TURN, LEFT CHASSE, ROCK & SLIDE, COASTER STEP

1&2 Step right foot back making a ¼ turn over right shoulder, step left foot ¼ turn left, step right in place
3&4 Step left to left side, step right next to left, step left to left side
5&6 Rock right behind left, recover on left, take a large step to the right
7&8 Step back on left, step right next to left, step forward on left

STEP ½ TURN, STEP & BUMP, STEP & BUMP, ROCK AND TOGETHER

1-2 Step forward on right foot, pivot ½ turn over left shoulder
3&4 Step right forward & bump hips right, left, right
5&6 Step left forward & bump hips left, right, left
7&8 Rock forward on right foot, recover on left, step right next to left

POINT, TURN, ROCK & CROSS, TOUCH, TURN, KICK & CROSS

1-2 Point left toe back, turn ½ turn over left shoulder
3&4 Rock right to right side, recover on left, cross right over left
5-6 Point left to left side, turn ¾ turn over left shoulder stepping onto left
7&8 Kick right forward, step right in place, cross left over right

REPEAT

RESTART

On the 3rd wall, dance counts 1-16, and then restart
