

Love Fool

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Cecilia Yong (SG)
音樂: Lovefool - The Cardigans



HIP ROLL

1-4 Bump hip forward, right, back, left
5-8 Repeat 1-4

¼ MONTEREY TURN, SLIDE & SHIMMY WITH CLAP

1-2 Right toe touches side, turn ¼ right and step on right next to left
3-4 Left toe touch side, left step next to right (weight on left)
5-8 Step right foot diagonally forward with shimmy action for 2 counts, close left foot to right, clap hands

SLIDE & SHIMMY WITH CLAP, SAILOR SHUFFLES

1-4 Step right foot diagonally forward with shimmy action for 2 counts, close left foot to right, clap hands
5&6 Step right behind left, left step to side, step right in place
7&8 Step left behind right, right step to side, step left in place

PADDLE TURNS (FULL TURN)

1-2 Step forward on right, pivot ¼ left
3-4 Step forward on right, pivot ¼ left
5-6 Step forward on right, pivot ¼ left
7-8 Step forward on right, pivot ¼ left

SYNCOPATED HEEL TOUCHES, RIGHT TOE TOUCHES

&1 Left step back, right heel touch 45 degrees right
&2 Right step together, left step together
&3 Right step back, left heel touch 45 degrees left
&4 Left step together, right toe touches next to left
5-6 Touch right toe in front of left, touch right toe to right side
7-8 Repeat 5-6

RIGHT HEEL GRIND TURNING ¼ RIGHT, RIGHT SWEEP, STEPS FORWARD

1-2 Touch right heel to right starting to turn toes ¼ right, complete ¼ right turn, weight on left
3-4 Sweep right behind left (weight on left), hold
5-8 Step right in front of left, step left forward, step right forward, step left forward

Arms styling

3-4 Both arms to right side
5-8 Both arms in front of eyes with fist open & close like twinkle twinkle little star (to show you're foolishly in love with some one - that's the name of this dance!)

REPEAT
