Love At First Sight



拍數: 48 牆數: 4 級數: Improver

編舞者: Irene Groundwater (CAN)

音樂: Love At First Sight - Lynn August



DIG, DIAGONAL FORWARD, DIG, DIAGONAL FORWARD, DIG, DIAGONAL FORWARD

1-2	Dig right toe diagonal for	orward swinging arms to the	e right, step down on rig	ht and snap fingers
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right

Dig left toe diagonal forward swinging arms to the left, step down on left and snap finger left

Dig right toe diagonal forward swinging arms to the right, step down on right and snap fingers

right

7-8 Dig left toe diagonal forward swinging arms to the left, step down on left and snap finger left Please note: these are not toe struts. Make sure after you dig the toe you raise the foot completely off the

floor

Option on counts 1 and 5: right toe faces right and right heel faces left on digs as body faces right Option on counts 5 and 7: left toe faces left and left heel faces right on digs as body faces left

DIAGONAL BACK, DRAG, HIP, HIP, DIAGONAL BACK, DRAG, HIP, HIP

9-10-11-12 Right diagonal back, drag left towards right (weight on right foot), raise and lower left hip Left diagonal back, drag right towards left (weight on left foot), raise and lower right hip

Option on count 11: twist body right as left. Hip is raised using left toe as leverage

Option on count 12: as left hip is lowered body moves back to original position. The opposite occurs on counts 15 and 16

SIDE SHUFFLE, ROCK BACK - FORWARD, ¼ TURN RIGHT. & SIDE SHUFFLE, ROCK BACK - FORWARD

17&18	Side step right, step left beside right, side step right
19-20	Rock left behind right, rock forward on right
21&22	Pivot ¼ turn right on right ball and side step left, step right beside left, side step left
23-24	Rock right behind left, rock forward on left

SIDE SHUFFLE, ROCK BACK - FORWARD, $\frac{1}{4}$ TURN RIGHT. & SIDE SHUFFLE, ROCK BACK - FORWARD

25&26	Side step right, step left beside right, side step right
27-28	Rock left behind right, rock forward on right
29&30	Pivot ¼ turn right on right ball and side step left, step right beside left, side step left
31-32	Rock right behind left, rock forward on left

FORWARD SHUFFLE, SIDE, REPLACE, CROSS SHUFFLE, SIDE, SIDE

33&34	Right forward, step left beside right, right forward
35-36	Side step left, replace right
37&38	Cross left over right, side step right, cross left over right
39-40	Side step right, side step left

CROSS TOE STRUT. 1/4 TURN LEFT WITH TOE STRUT, BEND KNEE, HIP, BEND KNEE, HIP

CROSS TOE STRUT, % TURN LEFT WITH TOE STRUT, BEND KNEE, HIP, BEND KNEE, HIP		
41-42	Cross right toe in front of left, snap down right heel	
43-44	Left toe forward making ¼ turn left on step, snap down left heel	
45-46	Side step right bending right knee (no weight), straighten knee with weight and push right hip out	
47-48	Side step left bending left knee (no weight), straighten left knee with weight and push left hip out	

Option

45-46-47-48 Hips right, hold, hips left, hold

Option: on counts 45 to 48 make circular movements to the right with the hips

REPEAT

TO END DANCE

On eighth pattern, on counts 45-48, make circular movements to the right with the hips raising hands above the head