Love Aloud



拍數: 64 牆數: 4 級數:

編舞者: Masters In Line (UK)

音樂: Love Machine - Girls Aloud



ROCKING CHAIR, STEP SPIRAL TURN, LEFT TURNING LOCK STEP, TOUCH RIGHT

1&2& Rock forward on right, recover weight onto left, rock back on right, recover weight onto left

3-4 Step forward on right, make full turn left on ball on right

5&6& Step forward on left, lock right behind left, making ¼ turn left step forward on left, lock right

behind left

7-8 Making ¼ turn left step forward on left, touch right to right side

TOUCH ACROSS, SIDE, TOE SWITCHES, RIGHT SAILOR, CROSS LEFT BEHIND, UNWIND 34

1-2 Touch right across in front of left, touch right to right side

\$3&4 Step right next to left, touch left to left side, step left next to right, touch right to right side

Cross right behind left, step left to left side, step right to right side
7-8 Cross left behind right, unwind ¾ turn to left (weight ends on left)

HEEL ROCKS FORWARD & SIDE, COASTER STEP, BOTA FOGOS LEFT & RIGHT

1&2& Rock forward on right heel, recover onto left, rock to right side on right heel, recover onto left

Step back on right, step left next to right, step forward on right
 Cross left over right, rock right to right side, recover weight onto left
 Cross right over left, rock left to left side, recover weight onto right

HEEL ROCKS FORWARD & SIDE, 1/4 TURN SAILOR, BOTA FOGOS RIGHT & LEFT

1&2& Rock forward on left heel, recover onto right, rock to left side on left heel, recover onto right

3&4 Cross left behind right, make ¼ turn left stepping right next to left, step forward on left

Cross right over left, rock left to left side, recover weight onto right.
 Cross left over right, rock right to right side, recover weight onto left

DIAGONAL WALKS, 1/2 PIVOT, RIGHT DIAGONAL SHUFFLE, 3/4 PIVOT

1-2 Going towards left diagonal walk forward on right, left (towards 4:30)

3-4 Still facing left diagonal step forward on right, pivot ½ turn left (now facing towards 10:30)
5&6 Going towards left diagonal step forward right, step left next to right, step forward right

7-8 Still facing left diagonal step forward on left, pivot ³/₄ turn right (now facing 7:30)

STEP, LOCK, ½ TURN LEFT BALL CHANGE, WEAVE TO LEFT WITH HEEL JACK

1-2 Facing 7:30 step forward on left, lock right behind left

3&4 Making an 1/8 of a turn left (6:00) step forward on left, make ¼ turn left as you rock right foot

to right side, recover weight onto left (now facing 3:00)

5-6 Cross right over left, step left to left side

7&8 Cross right behind left, step left to left side, touch right heel to right diagonal

BALL CROSS, 1/4 MONTEREY, 1/2 MONTEREY WITH ROCK AND CROSS

Step in place with right, cross left over right, touch right to right side

Make ¼ turn right stepping right next to left, touch left to left side

&5-6 Step left next to right, touch right to right side, make ½ turn right stepping right next to left

7&8 Rock left to left side, recover weight onto right, cross left over right

SLOW HEEL JACK, & CROSS UNWIND, COASTER STEP, WALK, WALK

&1-2 Step right foot back, touch left heel to left diagonal, hold a count

&3-4 Step weight down onto left foot, cross right foot in front of left foot, unwind ½ turn left

Step back on left foot, step right foot next to left foot, step left foot forward
Walk forward on right foot, walk forward on left foot

REPEAT