

Love Aloud

拍數: 64 牆數: 4 級數:
編舞者: Masters In Line (UK)
音樂: Love Machine - Girls Aloud



ROCKING CHAIR, STEP SPIRAL TURN, LEFT TURNING LOCK STEP, TOUCH RIGHT

- 1&2& Rock forward on right, recover weight onto left, rock back on right, recover weight onto left
3-4 Step forward on right, make full turn left on ball on right
5&6& Step forward on left, lock right behind left, making ¼ turn left step forward on left, lock right behind left
7-8 Making ¼ turn left step forward on left, touch right to right side

TOUCH ACROSS, SIDE, TOE SWITCHES, RIGHT SAILOR, CROSS LEFT BEHIND, UNWIND ¾

- 1-2 Touch right across in front of left, touch right to right side
&3&4 Step right next to left, touch left to left side, step left next to right, touch right to right side
5&6 Cross right behind left, step left to left side, step right to right side
7-8 Cross left behind right, unwind ¾ turn to left (weight ends on left)

HEEL ROCKS FORWARD & SIDE, COASTER STEP, BOTA FOGOS LEFT & RIGHT

- 1&2& Rock forward on right heel, recover onto left, rock to right side on right heel, recover onto left
3&4 Step back on right, step left next to right, step forward on right
5&6 Cross left over right, rock right to right side, recover weight onto left
7&8 Cross right over left, rock left to left side, recover weight onto right

HEEL ROCKS FORWARD & SIDE, ¼ TURN SAILOR, BOTA FOGOS RIGHT & LEFT

- 1&2& Rock forward on left heel, recover onto right, rock to left side on left heel, recover onto right
3&4 Cross left behind right, make ¼ turn left stepping right next to left, step forward on left
5&6 Cross right over left, rock left to left side, recover weight onto right.
7&8 Cross left over right, rock right to right side, recover weight onto left

DIAGONAL WALKS, ½ PIVOT, RIGHT DIAGONAL SHUFFLE, ¾ PIVOT

- 1-2 Going towards left diagonal walk forward on right, left (towards 4:30)
3-4 Still facing left diagonal step forward on right, pivot ½ turn left (now facing towards 10:30)
5&6 Going towards left diagonal step forward right, step left next to right, step forward right
7-8 Still facing left diagonal step forward on left, pivot ¾ turn right (now facing 7:30)

STEP, LOCK, ½ TURN LEFT BALL CHANGE, WEAVE TO LEFT WITH HEEL JACK

- 1-2 Facing 7:30 step forward on left, lock right behind left
3&4 Making an 1/8 of a turn left (6:00) step forward on left, make ¼ turn left as you rock right foot to right side, recover weight onto left (now facing 3:00)
5-6 Cross right over left, step left to left side
7&8 Cross right behind left, step left to left side, touch right heel to right diagonal

BALL CROSS, ¼ MONTEREY, ½ MONTEREY WITH ROCK AND CROSS

- &1-2 Step in place with right, cross left over right, touch right to right side
3-4 Make ¼ turn right stepping right next to left, touch left to left side
&5-6 Step left next to right, touch right to right side, make ½ turn right stepping right next to left
7&8 Rock left to left side, recover weight onto right, cross left over right

SLOW HEEL JACK, & CROSS UNWIND, COASTER STEP, WALK, WALK

- &1-2 Step right foot back, touch left heel to left diagonal, hold a count
&3-4 Step weight down onto left foot, cross right foot in front of left foot, unwind ½ turn left

5&6 Step back on left foot, step right foot next to left foot, step left foot forward
7-8 Walk forward on right foot, walk forward on left foot

REPEAT
