Louvin Cha (P)

拍數: 32

級數: Partner

編舞者: Stu McGlary & Ann Helmore (UK)

音樂: How's the World Treating You - Alison Krauss & James Taylor

Position: Right Side By Side. Partners on same footwork throughout (except where stated) The first line of lyrics begins "I've had nothing but sorrow". Start the dance on the first syllable of "sorrow"

STEP BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD, ROCK STEP TRIPLE ½ TURN

- Step back on right foot 1
- Rock back on left foot, recover weight onto right foot 2-3
- 4&5 Left shuffle forward stepping left, right left
- 6-7 Rock forward on right foot, recover weight onto left foot
- 8&9 Triple step ¹/₂ turn to right stepping right, left, right (moving to RLOD)

PIVOT ½ TURN, LEFT SHUFFLE FORWARD, PIVOT ½ TURN, RIGHT SHUFFLE FORWARD

Step left foot forward, (release left hands, raise right) pivot 1/2 turn to right 10-11

Weight on right foot, facing LOD, rejoin left hands in sweetheart

- 12&13 Left shuffle forward stepping left, right left
- 14-15 Step right foot forward, (release right hands, raise left) pivot 1/2 turn to left

Weight on left foot, facing RLOD, rejoin right hands in sweetheart

Right shuffle forward stepping right, left, right 16&17

ROCK STEP, TRIPLE ½ TURN, WALK, WALK (LADY TURNS), SHUFFLE

- 18-19 Rock forward on left foot, recover weight onto right foot
- 20&21 Triple step ¹/₂ turn to left stepping left, right, left (moving to LOD)
- 22-23 MAN: Walk forward on right, left (release left hands, lady turns under right hands) LADY: Step forward on right foot, turning ¹/₂ turn to left, step back on left foot completing full turn to left (now facing LOD, rejoin left hands in Sweetheart)
- 24&25 Right shuffle forward stepping right, left, right

WALK, WALK (LADY TURNS), SHUFFLE, ROCK STEP, BACK SHUFFLE

- 26-27 MAN: Walk forward on left, right (release left hands, lady turns under right hands) LADY: Step forward on left foot, turning 1/2 turn to right, step back on right foot completing full turn to right (now facing LOD, rejoin left hands in Sweetheart)
- 28&29 Left shuffle forward stepping left, right left
- 30-31 Rock forward on right foot, recover weight onto left foot
- 32&1 Shuffle back stepping right, left, right (that last step back on right is first count of next pattern)

REPEAT





牆數: 0