

Lounge Lizard

拍數: 48 牆數: 0 級數:
編舞者: Jason Higgins
音樂: Fly Me to the Moon - Frank Sinatra



TOE/HEEL WALK FORWARD WITH FINGER SNAPS

- 1-2 Tap right toe forward, step down on right foot (moving forward) (snap fingers)
- 3-4 Tap left toe forward, step down on left foot (moving forward) (snap fingers)
- 5-6 Tap right toe forward, step down on right foot (moving forward) (snap fingers)
- 7-8 Tap left toe forward, step down on left foot (moving forward) (snap fingers)

FORWARD KICK/BALL/STEP, WALK FORWARD, KICK, WALK BACK

- 1 Kick right foot forward
- & Step forward on the right foot
- 2 Step forward on the left foot
- 3-4 Step forward on the right foot, kick left foot forward
- 5-7 Walk backwards left/right/left
- 8 Tap right toe at left instep

FOUR COUNT 1&¼ TURN RIGHT, RIGHT/LEFT SHUFFLES

- 1-4 Four count one and ¼ turns to the right (rolling grapevine) (now facing wall 2)
- 5&6 Shuffle forward right/left/right
- 7&8 Shuffle forward left/right/left

STOMP, HOLD, SWING STEP TURNS TO LEFT

- 1-2 Stomp right foot forward (hands out, palms down), hold
- 3&4 Left/right/left triple step as you turn ¼ left
- 5&6 Right/left/right triple step as you turn ¼ left again (now facing wall 3)
- 7 Rock back on left foot
- 8 Rock forward on right foot

FORWARD SHUFFLE, STEP/TURN, FORWARD SHUFFLES

- 1&2 Shuffle forward left/right/left
- 3-4 Step right foot forward, pivot turn ½ to the left (weight on left foot)
- 5&6 Shuffle forward right/left/right
- 7&8 Shuffle forward left/right/left

KICK, WALK, KICKS, TOE TAP, ½ TURN RIGHT, CROSS, TURN

- 1 Kick right foot forward
- & Step forward on the right foot
- 2 Step forward on the left foot
- 3-4 Kick, kick right foot forward (low kicks)
- 5 Tap right toe back
- 6 Turn ½ to the right (weight right foot) (snap fingers)
- 7 Cross left foot over right foot (tap toe)
- 8 Turn ¼ to the right, (weight left foot) (snap fingers)

REPEAT