Lounge Lizard



拍數: 48 牆數: 0 級數:

編舞者: Jason Higgins

音樂: Fly Me to the Moon - Frank Sinatra



TOE/HEEL WALK FORWARD WITH FINGER SNAPS

1-2	Tap right toe forward, step down on right foot (moving forward) (snap fingers)
3-4	Tap left toe forward, step down on left foot (moving forward) (snap fingers)
5-6	Tap right toe forward, step down on right foot (moving forward) (snap fingers)
7-8	Tap left toe forward, step down on left foot (moving forward) (snap fingers)

FORWARD KICK/BALL/STEP, WALK FORWARD, KICK, WALK BACK

1 Kick right foot forward

& Step forward on the right footStep forward on the left foot

3-4 Step forward on the right foot, kick left foot forward

5-7 Walk backwards left/right/left8 Tap right toe at left instep

FOUR COUNT 1&1/4 TURN RIGHT, RIGHT/LEFT SHUFFLES

1-4 Four count one and ¼ turns to the right (rolling grapevine) (now facing wall 2)

5&6 Shuffle forward right/left/right7&8 Shuffle forward left/right/left

STOMP, HOLD, SWING STEP TURNS TO LEFT

1-2 Stomp right foot forward (hands out, palms down), hold

3&4 Left/right/left triple step as you turn ¼ left

Right/left/right triple step as you turn ¼ left again (now facing wall 3)

7 Rock back on left foot8 Rock forward on right foot

FORWARD SHUFFLE, STEP/TURN, FORWARD SHUFFLES

1&2 Shuffle forward left/right/left

3-4 Step right foot forward, pivot turn ½ to the left (weight on left foot)

5&6 Shuffle forward right/left/right7&8 Shuffle forward left/right/left

KICK, WALK, KICKS, TOE TAP, 1/2 TURN RIGHT, CROSS, TURN

1 Kick right foot forward

& Step forward on the right footStep forward on the left foot

3-4 Kick, kick right foot forward (low kicks)

5 Tap right toe back

6 Turn ½ to the right (weight right foot) (snap fingers)

7 Cross left foot over right foot (tap toe)

8 Turn ¼ to the right, (weight left foot) (snap fingers)

REPEAT