

Louisiana Hot Cross

COPPERKNOB
STEPSHEETS

拍數: 80 牆數: 1 級數: Beginner contra dance
編舞者: Pepper Siquieros (USA)
音樂: Louisiana Hot Sauce - Sammy Kershaw



2X(RIGHT SHUFFLE, STOMP, CLAP, RIGHT KICK BALL CHANGE, STOMP, STOMP)

Contra lines are facing each other as they pass on counts 1-16

1&2 Shuffle forward: right, left, right
3-4 Stomp forward left, hold and clap hands
5&6 Right kick ball change
7-8 Stomp forward right, stomp forward left (weight ends up on left)
9-16 Repeat steps 1-8

STEP RIGHT, ½ PIVOT, STOMP, TOUCH, GRAPEVINES LEFT & RIGHT

17-18 Step forward right, pivot ½ to left (weight shifts to left)
19-20 Stomp right in place, touch left next to right
21-24 Step side left, right behind left, step side left, scuff right
25-28 Step side right, left behind right, step side right, scuff left

HEEL SWAPS, STEP ¼ LEFT PIVOT, WALK FORWARD, KICK, WALK BACK, TOUCH

&29&30 Bring left foot in, right heel forward, bring right foot in, left heel forward
&31-32 Bring left foot back, step forward on right, pivot ¼ left weight transfers to left foot
33-36 Walk forward right, left, right, kick left foot forward
37-40 Walk back left, right, left touch right next to left

STOMP RIGHT FORWARD, SHAKE DOWN SHAKE UP, HIP ROLLS WITH ¼ TURN LEFT

41-44 Put left hand on left hip and stomp right forward as you shake right shoulder 4 counts while bending at waist and leaning right shoulder forward and down slowly with each beat
45-48 Shake right shoulder 4 counts as you rise slowly to upright position
49-52 Roll hips to the left 4 counts as you pivot ¼ left, weight ends up on left

STEP SLIDE RIGHT, TOUCH, STEP SLIDE LEFT, TOUCH, HIP ROLLS WITH ¼ TURN LEFT

Contra lines should be back to back now as they step slide right and left

53-56 Step side right, slide left next to right, step side right, touch left next to right and clap
57-60 Step side left, slide right next to left, step side left, touch right next to left and clap
61-64 Roll hips to the left 4 counts as you pivot ¼ left, weight ends up on left

TOE HEEL STRUTS SIDE LEFT, RIGHT JAZZ BOX WITH ¼ TURN RIGHT

Contra lines are passing each other as they toe strut sideways and to their left

Optional: hold arms out to side and shimmy/shake shoulders as you toe strut steps 65-76

65-66 Cross right over left weight on right toe, slap right heel down
67-68 Step side left onto toe of left, slap left heel down
69-70 Cross right over left weight on right toe, slap right heel down
71-72 Step side left onto toe of left, slap left heel down
73-74 Cross right over left weight on right toe, slap right heel down
75-76 Step side left onto toe of left, slap left heel down
77-78 Cross right over left, step back onto left
79-80 Step right into ¼ turn right step left next to right and clap

Weight ends up on left. Contra lines are facing each other in their original position

REPEAT

