

Lotta Leavin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate polka
編舞者: June Shuman (USA)
音樂: Lot of Leavin' Left to Do - Dierks Bentley



SYNCOPATED (HEEL JACKS), STEP, CROSS, SIDE, HEEL, STEP CROSS, SIDE, HEEL, HEEL BALL STEP, STOMP, KICK INTO ¼ RIGHT

- &1&2 Step left slightly back and to left, cross step right over left, step left to side left, tap right heel to diagonal right. (syncopated heel jack)
- &3&4 Step right slightly back and to right, cross step left over right, step right to side right, tap left heel to diagonal left. (syncopated heel jack)
- &5&6 Quickly step left next to right, tap right heel forward, quickly step onto ball of right, step forward on left
- 7-8 Stomp right next to left (no weight), turn ¼ right as you kick right foot

SAILOR IN PLACE, SAILOR ¼ RIGHT, SAILOR ¼ RIGHT, SAILOR IN PLACE

- 1&2 Cross right behind left, step left to left side, step slightly forward onto right
- 3&4 Cross left behind right, making a ¼ right step right beside left, step left slightly forward
- 5&6 Cross right behind left, making a ¼ right step left next to right, step right slightly forward
- 7&8 Cross left behind right, step right to right side, step left slightly forward.

RIGHT CROSSING SHUFFLE, LEFT SIDE SHUFFLE, ¼ LEFT PIVOT, RIGHT AND LEFT TOE SWITCHES

- 1&2 Step right over left, step left to left side, step right across left
- 3&4 Shuffle to left side with left, right, left
- 5-6 Step forward onto right and pivot ¼ left coming down with weight to left
- 7&8& Touch right to right side, quickly step right next to left, touch left to left side, quickly step left next to right

½ MONTEREY TURN, ½ PIVOT LEFT, RIGHT AND LEFT HEEL SWITCHES

- 1-4 Touch right to right side, turn ½ to right and step right next to left, touch left to left side, step left next to right
- 5-6 Step forward onto right and pivot ½ turn left coming down with weight to left
- 7&8 Tap right heel forward, quickly step right next to left, tap left heel forward
- (&) Step onto left

REPEAT
