Lot Of Leavin' Left To Do



拍數: 32 牆數: 4 級數: Improver west coast swing

編舞者: Helen Born (USA) & Nita Lindley (USA) 音樂: Lot of Leavin' Left to Do - Dierks Bentley



POINT 1/4 TURN, HITCH, SHUFFLE, KICK, COASTER STEP

1-2-3&4 Point right toe to right side, hitch right knee pivoting ¼ turn to left on ball of left foot, shuffle

forward right, left, right

5-6-7&8 Kick left forward, step back on left, step back right, step left together, step forward right

POINT 1/4 TURN, HITCH, SHUFFLE, KICK, COASTER STEP

1-2-3&4 Point left toe to left side, hitch left knee pivoting ¼ turn to right on ball of right, shuffle forward

left, right, left

5-6-7&8 Kick right forward, step back right, step back left, step right together, step forward left

KICK BALL CHANGE, SIDE SHUFFLE, ROCK STEP

1&2-3&4 Kick right forward, step down slightly on ball of right foot, change weight to left foot twice

5&6-7-8 Side shuffle right, right, left, right, rock back on left, recover right

PIVOT ¾ TURN RIGHT, SHUFFLE, BACK ROCK STEP

1-2 Step forward on left pivoting ¼ turn right on ball of both feet letting weight come back to right

foot

3-4 Step forward on left pivoting ½ turn right on ball of both feet letting weight come back to right

foot

5&6-7-8 Shuffle forward left, right, left rock back on right, recover left

REPEAT