Lot Of Leavin'

拍數: 32

級數: Beginner

編舞者: Frank Fisher (USA)

音樂: Lot of Leavin' Left to Do - Dierks Bentley

TWO KICK-BALL-CHANGE STEPS

- 1&2 Kick right foot forward, step on ball of right foot, step onto left foot
- 3&4 Kick right foot forward, step on ball of right foot, step onto left foot

ROCK FORWARD, ROCK BACK

5-8 Rock forward on right foot, recover on left, rock back on right foot, recover on left

TWO TOUCH HALF TURNS

9-12 Touch right toe forward, pivot left half turn, touch right toe forward, pivot left half turn

GRAPEVINE RIGHT

13-16 Step right foot to right, cross left foot behind right, step right foot to right, kick left foot across right with a clap

TWO TOUCH HALF TURNS

17-20 Touch left toe forward, pivot right half turn, touch left toe forward, pivot right half turn

GRAPEVINE LEFT WITH A LEFT QUARTER TURN

21-24 Step left foot to left, cross right foot behind left, step left foot out to left with a left quarter turn, stamp right foot to center (stomp - no weight change)

BOX STEP

25-28 Cross right foot in front of left, step left foot out to the left and slightly behind, step right foot to the right, step left foot to center

BOX STEP WITH LEFT QUARTER TURN

29-32 Cross right foot in front of left, step left foot out to the left and slightly behind, step right foot to the right with a left quarter turn, step left foot to center

REPEAT





牆數: 2