

# Lost-Shebang

拍數: 32      牆數: 4      級數:  
編舞者: Sylvia Priestley (UK)  
音樂: Lost Without You - Wynonna



When dancing to Stuck In Love, dance at half speed

## CHARLESTON, CROSS BACK TURN, SIDE CHASSE

1-2      Touch right foot forward, right foot step back  
3-4      Touch left foot back, left foot step forward  
5-6      Cross right foot over left, step back on left foot turning  $\frac{1}{4}$  right  
7&8      Chasse side right on right, left, right

## KICK-BALL POINT TWICE, CROSS BACK, SIDE CHASSE

9&10      Left foot kick forward, bring left foot beside right, point right toe out to right side  
11&12      Right foot kick forward, bring right foot beside left, point left toe out to left side  
13-14      Cross left foot over right, step back on right  
15&16      Chasse side left on left, right, left

## HEEL JACK, $\frac{1}{4}$ TURN SHUFFLE, $\frac{1}{2}$ TURN SHUFFLE, HEEL BOUNCE TURN

&17      Step back on right, place left heel forward  
&18      Step left back in place, step right beside left  
19&20      Turn a  $\frac{1}{4}$  right into a right shuffle on right, left, right  
21&22      Turn  $\frac{1}{2}$  right and step left, right, left in place  
23-24      Bounce heels twice (bend at the knees and lift both heels, swiveling on balls of feet, turning heels to right  $\frac{1}{8}$  replace weight on heels: repeat process), over these two beats you will turn  $\frac{1}{4}$  left

## POINT, STEP TWICE, KICK, COASTER

25-26      Point right toes out to right side, step forward on right  
27-28      Point left toes out to left side, step forward on left  
29      Kick right foot forward  
30&31      Step right back, step left beside right, step right foot forward  
32      Step left foot forward

REPEAT