

# Lost My Love (Heart & Soul)

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver line/contra dance  
編舞者: Janet Karter (USA)  
音樂: Lucky Me, Lonely You - Brooks & Dunn



## SIDE TRIPLES, ROCK STEP - RIGHT AND LEFT

1&2      Right side triple (right, left, right)  
3-4      Rock back on left foot, replace right  
5&6      Left side triple (left, right, left)  
7-8      Rock back on right foot, replace left

## ½ TURN TRIPLES, ROCK STEP - RIGHT AND LEFT

1&2      Forward right triple (right, left, right) making ½ turn left  
3-4      Rock back on left foot, replace right  
5&6      Forward left triple (left, right, left) making ½ turn right  
7-8      Rock back on right foot, replace left

## STOMP AND HOLD, SWIVELS, ½ TURN RIGHT, LEFT TRIPLE

1-2      Stomp right foot forward, hold  
3-4      Swivel heels right, left  
5-6      Step left foot forward ½ turn right, step right  
7&8      Left triple forward (left, right, left)

## STOMP AND HOLD, SWIVELS, ½ TURN RIGHT, LEFT TRIPLE

1-2      Stomp right foot forward, hold  
3-4      Swivel heels right, left  
5-6      Step left foot forward ½ turn right, step right  
7&8      Left triple forward (left, right, left)

## 4 JAZZ WALKS

1-2      Touch right toe to side, step right foot forward  
3-4      Touch left toe to side, step left foot forward  
5-6      Touch right toe to side, step right foot forward  
7-8      Touch left toe to side, step left foot forward

## RIGHT SIDE TRIPLE, ROCK STEP, LEFT VINE WITH ½ TURN LEFT

1&2      Right side triple, (right, left, right)  
3-4      Rock back on left, replace right  
5-6      Step left side, cross right behind  
7-8      Step left side with ½ turn left, touch right toe

## REPEAT

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