

Lost My Love (Heart & Soul)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver line/contra dance
編舞者: Janet Karter (USA)
音樂: Lucky Me, Lonely You - Brooks & Dunn



SIDE TRIPLES, ROCK STEP - RIGHT AND LEFT

1&2 Right side triple (right, left, right)
3-4 Rock back on left foot, replace right
5&6 Left side triple (left, right, left)
7-8 Rock back on right foot, replace left

½ TURN TRIPLES, ROCK STEP - RIGHT AND LEFT

1&2 Forward right triple (right, left, right) making ½ turn left
3-4 Rock back on left foot, replace right
5&6 Forward left triple (left, right, left) making ½ turn right
7-8 Rock back on right foot, replace left

STOMP AND HOLD, SWIVELS, ½ TURN RIGHT, LEFT TRIPLE

1-2 Stomp right foot forward, hold
3-4 Swivel heels right, left
5-6 Step left foot forward ½ turn right, step right
7&8 Left triple forward (left, right, left)

STOMP AND HOLD, SWIVELS, ½ TURN RIGHT, LEFT TRIPLE

1-2 Stomp right foot forward, hold
3-4 Swivel heels right, left
5-6 Step left foot forward ½ turn right, step right
7&8 Left triple forward (left, right, left)

4 JAZZ WALKS

1-2 Touch right toe to side, step right foot forward
3-4 Touch left toe to side, step left foot forward
5-6 Touch right toe to side, step right foot forward
7-8 Touch left toe to side, step left foot forward

RIGHT SIDE TRIPLE, ROCK STEP, LEFT VINE WITH ½ TURN LEFT

1&2 Right side triple, (right, left, right)
3-4 Rock back on left, replace right
5-6 Step left side, cross right behind
7-8 Step left side with ½ turn left, touch right toe

REPEAT
