

# Lost My Heart

**COPPER** KNOB  
BY STEPHENETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Lizzie Clarke (SCO)  
音樂: Lost My Heart In Oklahoma - Kevin Fowler



## RIGHT SIDE SHUFFLE ROCK RECOVER, LEFT SIDE SHUFFLE, ROCK RECOVER

1&2-3-4      Right shuffle to right side - right, left, right, rock back left recover on right  
5&6-7-8      Left shuffle to left side - left, right, left, rock back right, recover on left

## STEP, KICK BALL STEP, STEP, ROCK RECOVER & SWITCH & SWITCH

1-2&3-4      Step forward right, left kick ball step, step forward left  
5-6&7&8      Rock forward right, recover on left & step right beside left, touch left heel forward & step left beside right & touch right heel forward

## & STEP RIGHT, TOUCH LEFT TOE, HEEL, TOE, KICK & CROSS UNWIND ½ LEFT, LEFT COASTER STEP

&1-2-3-4      Quickly step right beside left, touch left toe to right instep, touch left heel to right instep, touch left toe to right instep, kick left foot diagonally left  
&5-6-7&8      Quickly step left beside right, cross right over left & unwind ½ turn left, step back left & step right beside left, step forward left

## STEP PIVOT ¼ LEFT, CROSS SHUFFLE, ROCK SIDE RECOVER, ¼ RIGHT SAILOR STEP

1-2-3&4      Step forward right, pivot ¼ left, cross shuffle - right, left, right  
5-6-7&8      Rock left to left side, recover on right, cross step left behind right, turn ¼ right, step left in place

## STEP RIGHT HOLD & SIDE & SIDE, ROCK, RECOVER, ¼ LEFT SHUFFLE

1-2&3&4      Step right to right side, hold & step right to side & right to side  
5-6-7&8      Rock forward left, recover right, turn ¼ left shuffle forward-left, right, left

## ROCK RECOVER, TRIPLE ¾ RIGHT, HEEL & TOUCH, TURN ¼ LEFT HEEL & TOUCH

1-2-3&4      Rock forward right, recover left, triple ¾ right stepping-right, left, right  
5&6&7&8      Touch left heel forward & step left beside right & touch right toe beside left & turn ¼ left stepping back on right & touch left heel forward & step left beside right & touch right toe beside left

## STEP FORWARD RIGHT & SWING, ½ LEFT & CLICK, STEP DOWN ON LEFT & SWING ½ RIGHT & CLICK, ¾ RIGHT WALK AROUND TURN

1-2      Step forward right, swing turn ½ left touching left forward (keep weight on right) & click fingers  
3-4      Step down on left, swing turn ½ right, touching right forward (keep weight on left) & click fingers  
5-6-7-8      Walk around ¾ right, stepping right, left, right, left

## STEP PIVOT ½ LEFT, RIGHT SHUFFLE FORWARD, JAZZ BOX ½ TURN LEFT, TOUCH

1-2-3&4      Step forward right, pivot ½ turn left, shuffle forward-right, left, right  
5-6-7-8      Cross left, step back right, turn ½ left, touch right beside left

**REPEAT**