

# Lost Moments

拍數: 32      牆數: 1      級數: Improver  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)  
音樂: Moments - Brushwood



When dancing to "Moments" by Brushwood, start dancing 4 beats before vocals.

## **SIDE STEPS, SIDE SHUFFLES, CROSS ROCK STEP, RECOVER STEP**

1-2            Step left to left side, step right next to left  
3&4           Step left to left side, step quickly with right next to left, step left to left side  
5-6           Cross right in front of left, recover on left  
7&8           Step right to right side, step quickly with left next to right, step right to right side

## **SYNCOPATED WEAVE WITH ¼ TURN TO THE LEFT**

1-2            Cross left in front of right, step right to right side  
3-4           Step left behind right, step right to right side  
5-6           Cross left in front of right, recover on right  
7&8           Step left making ¼ turn to the left, step quickly with right next to left, step forward on left

## **FORWARD STEPS, LOCK STEP, ½ TURN TO THE RIGHT, STEP-LOCK-STEPS**

1-2            Step right forward, lock left behind right  
3&4           Step right forward, lock left behind right, step forward on left  
5-6           Step forward on left, step right making ½ turn to the right  
7&8           Step forward on left, lock right behind right, step forward on left

## **FORWARD STEPS, ½ TURNS TO THE LEFT, ¼ TURN TO THE LEFT, CROSS SHUFFLE**

1-2            Step forward on right, step left making ½ turn to the left  
3-4           Step forward on right, step left making ½ turn to the left  
5-6           Step forward on right, step left making ¼ turn to the left  
7&8           Cross right over left, step left quickly to left side, cross right over left

**REPEAT**

---