

Lost In The Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate/Advanced waltz
編舞者: Jan Wyllie (AUS)
音樂: Lost in the Feeling - Mark Chesnutt



- 1-2&3 Step back right, left, making $\frac{1}{4}$ turn left step right beside left, step forward on left
4-5-6 Step forward on right, pivot $\frac{1}{4}$ turn left transferring weight to left, step right behind left
- &7-8-9 Step left to left, cross/rock right over left, rock/return weight to left, step right to right
10-11-12 Cross/rock left over right, rock/return weight to right, making $\frac{1}{4}$ turn left step forward on left
- &
13 Stepping forward on right make $\frac{1}{2}$ turn left
Touch left toes straight back while arching back and holding right arm forward (weight on right)
- 14-15 Hold, hold
16-17-18 Moving forward while making $1\frac{1}{2}$ turns right step left, right, left
- 19-20-21 Big step to right on right, slide left to right, hold
22-23 Making $\frac{1}{4}$ turn left step forward on left, stomp right heel beside left (weight on left)
&24 Making $\frac{1}{2}$ turn left step right beside left, step forward on left
- 25-26-27 Rock/step forward on right, rock back on left, step back on right keeping left in place - raise left toes
28-29-30 Rock/step forward on left, rock back on right, step back on left keeping right in place - raise right toes
- 31-32-33 Rock/step forward on right, rock back on left, step back on right
&34 Step back slightly on left, step right across left
35-36 Making $\frac{1}{4}$ turn right step back on left, making $\frac{1}{2}$ turn right rock/step forward on right
- 37-38&
39 Rock weight back on left, making $\frac{1}{4}$ turn right step right to right, step left beside right
Step right to right making $\frac{1}{4}$ turn right
&
40-41-42 Making $\frac{1}{2}$ turn right step forward on left (becomes a step back)
Touch right toe behind left, taking 2 beats of music unwind $\frac{1}{2}$ turn right transferring weight to right
- 43-44-45 Rock/step forward on left, rock back on right, step back left
&
46-47-48 Making $\frac{1}{4}$ turn left step right beside left
Walk forward left, right, left

REPEAT

TAG

At the end of the 1st wall

- 1-2-3 Step forward on right, pivot $\frac{1}{2}$ turn left transferring weight to left, step forward on right
4-5-6 Step forward on left, pivot $\frac{1}{2}$ turn right transferring weight to right, step forward on left

TAG

At the end of the 3rd wall

- 1-6 Repeat above tag
7-8-9 Rock/step forward on right, rock back on left, slide right to left (weight on left)

