

# Lost In The Shuffle

拍數: 62      牆數: 4      級數:  
編舞者: Kelly Hinds (AUS)  
音樂: Lost In the Shuffle - Michael Peterson



- 1-2            Rock forward onto left, rock back onto right  
3-4            Repeat last 2 beats  
5&6           Shuffle forward, right-left-right  
7-8            Rock forward onto right, rock back onto left
- 9&10           Turn  $\frac{3}{4}$  to the right on the spot stepping right-left-right  
11-12          Step to left on left, pivot  $\frac{1}{2}$  to the right on ball of left foot, step to right on right  
13-16          2 right hip bumps, 2 left hip bumps
- 17-18          Hip grind in a circle to the left from right to left while heels are raised  
19-20          2 right bumps  
21-24          Rolling vine left with an extra  $\frac{1}{4}$  turn to the left scuffing right forward on 4th beat
- 25-28          Shuffle forward right-left-right, shuffle forward left-right-left  
29-30          Scuff right forward, hitch right knee up  
31-32          Step right toe across left foot, bring right heel down taking weight
- 33-36          Touch left toe to side & slightly forward, tap left heel 3 times  
37-40          Swivel to the left, heels, toes, heels, toes
- 41-44          Rolling vine right touching left toe beside right on the 4th beat  
45&46          Left 45, touch left beside right, jump right over left  
47-50          Repeat last 2 beats twice
- 51-52          Unwind  $\frac{3}{4}$  to the left  
53&54          Shuffle to the right stepping right-left-right  
55-56          Rock left behind right, rock forward onto right  
57&58          Shuffle to the left stepping left-right-left  
59-60          Rock right behind left, rock forward onto left  
61&62          Shuffle forward right-left-right

**REPEAT**

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