

# Lost In The Feeling (P)

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 0      級數: Partner  
編舞者: Kay Cawston & Doug Cawston  
音樂: Lost in the Feeling - Mark Chesnutt



**Position: Side By Side. Both on opposite feet**

**MAN: WALTZ FORWARD ON BASIC, MAN MAKING ¼ TURN, LADY ¾ TURN BOTH TO RIGHT**

1-3            Step forward on left, right, left  
4-6            Cross right over left steps back on left ¼ turn on right

**Now facing each other, man facing outside LOD in closed western**

**VINE WITH CROSS ROCKS**

1-3            Left to side, right cross behind, left to side  
4-6            Cross rock right over left, recover on left in place on right

**CROSS ROCKS, LADY ¾ TURN INTO CLOSED WESTERN MAN'S FACING LOD**

1-3            Cross left over right, recover on right, left in place

**Raising man's left and lady's right, ending in closed western**

4-6            Step forward on right making ¼ turn left, step left in place, step right forward

**WALTZ FORWARD, WITH VINE AND SIDE ROCK**

1-3            Forward on left, right, left  
4-6            Right step to side, cross left behind, rock on to right

**MAN'S VINE WITH LADY DOING FULL TURN TO RIGHT, WITH CROSS ROCKS**

1-3            Left to side, right behind, left to side  
4-6            Cross right over left, recover on left, right in place

**CROSS ROCKS WITH ½ A BASIC WALTZ PATTERN**

1-3            Cross rock left over right, recover on right, left in place  
4-6            Waltz forward on right, left, right

**MOVE APART ENDING WITH ARMS CROSSED**

**Both left hands on top, turning lady into side by side**

1-3            Man's step back on left, right, left  
4-6            On the spot right, left, right

**RELEASING LEFT, AND RAISING RIGHT MAKE TWO HALF TURNS**

1-3            Step forward on left, make ½ turn on right on right, step back on left  
4-6            Step back on right, make ½ turn with left, step forward on right

**LADY: WALTZ FORWARD ON BASIC, MAN MAKING ¼ TURN, LADY ¾ TURN BOTH TO RIGHT**

1-3            Step forward on right, left, right  
4-6            Left step ¼ right step ¼ left step ¼

**Now facing each other, man facing outside LOD, in closed western**

**VINE WITH CROSS ROCKS**

1-3            Right to side, left step behind, right to side  
4-6            Back rock on left, recover on right, left in place

**CROSS ROCKS, LADY ¾ TURN INTO CLOSED WESTERN MAN'S FACING LOD**

1-3 Rock back on right, recover on left, right  $\frac{1}{4}$  turn

**RAISING MAN'S LEFT AND LADY'S RIGHT, ENDING IN CLOSED WESTERN**

4-6 Step on left pivot  $\frac{1}{2}$  turn right, step back on right, step left in place

**WALTZ FORWARD, WITH VINE AND SIDE ROCK**

1-3 Back on right, left, right

4-6 Left step to side cross right behind, rock on to left

**MAN'S VINE WITH LADY DOING FULL TURN TO RIGHT, WITH CROSS ROCKS**

1-3 Right  $\frac{1}{4}$  turn to right, left turn  $\frac{1}{2}$  turn to right, right  $\frac{1}{4}$  turn to right

4-6 Rock back on left, recover on right, left in place

**CROSS ROCKS WITH  $\frac{1}{2}$  A BASIC WALTZ PATTERN**

1-3 Rock back on right, recover on left, right in place

4-6 Waltz back on left, right, left

**MOVE APART ENDING WITH ARMS CROSSED**

**Both left hands on top turning lady into side by side**

1-3 Lady's step back on right, left, right

4-6 Step left  $\frac{1}{4}$  left, step right  $\frac{1}{4}$  left, left step in place

**RELEASING LEFT, AND RAISING RIGHT MAKE TWO HALF TURNS**

1-3 Step forward on right, make  $\frac{1}{2}$  turn right on left, step back on right

4-6 Step back on left, make  $\frac{1}{2}$  turn on right, step forward on left

**REPEAT**

---