

Lost In Texas

拍數: 52 牆數: 4 級數:
編舞者: Jim Williams (USA)
音樂: Boogie Back to Texas - Asleep at the Wheel



CHARLESTON STOMPS: STEPS, STOMPS:

- 1-2 Step left foot forward. Stomp right foot next to left foot.
3-4 Step right foot back. Touch ball of left foot next to right foot.

SWIVELS & TURNS:

- 5 With weight on ball of left foot and heel of right foot, swivel right toe to right side and left heel to left side using right thumb to hitchhike pointing to right side.
6 Swivel right heel and left toe back to center.
7-8 Repeat 5 and 6

STEP ¼ TURN TO THE LEFT & REPEAT ABOVE 8 STEPS:

- 9-10 Step left foot ¼ turn to left. Stomp right foot next to left foot.
11-12 Step right foot back. Touch ball of left foot next to right foot.

SWIVELS & TURNS:

- 13 With weight on ball of left foot and heel of right foot, swivel right toe to right side and left heel to left side using right thumb to hitchhike pointing to right side.
14 Swivel right heel and left toe back to center.
15-16 Repeat 13 and 14

STEP ¼ TURN TO THE LEFT & REPEAT ABOVE 8 STEPS:

- 17-18 Step left foot ¼ turn to left. Stomp right foot next to left foot.
19-20 Step right foot back. Touch ball of left foot next to right foot.

SWIVELS & TURNS:

- 21 With weight on ball of left foot and heel of right foot, swivel right toe to right side and left heel to left side using right thumb to hitchhike pointing to right side.
22 Swivel right heel and left toe back to center.
23-24 Repeat 21 and 22

TURN, PAUSE, STANDARD HEEL SWIVELS RIGHT AND LEFT:

- 25-26 Step left ¼ turn left. Then pause for one beat of music.
27-28 Step right foot next to left. Then pause for one beat of music.
29-30 With weight on balls of both feet, swivel heels to right, then center.
31-32 With weight on balls of both feet, swivel heels to left, then center.

BOOT HOOKS: RIGHT HEEL, HOOK, HEEL, STOMP:

- 33-34 Tap right heel forward. Lift (hook) right foot in front of left leg about mid-shinbone height.
35-36 Tap right heel forward. Touch right toe next to left foot.

LONG GRAPEVINES:

8 COUNT VINE TO THE RIGHT, ENDING WITH A STOMP UP. (CLAP & YELL):

- 37-38 Step right foot to right side. Step left foot behind right foot (legs are crossed at knees).
39-40 Step right foot to right side. Step left foot across in front of right foot (legs are crossed at knees).
41-43 Step right foot to right side. Step left foot behind right foot (legs are crossed at knees).
43-44 Step right foot to right side. Stomp left foot next to right foot (weight is on right foot).

8 COUNT VINE TO THE LEFT, ENDING WITH A STOMP DOWN (CLAP & YELL):

- 45-46 Step left foot to left side. Step right foot behind left foot (legs are crossed at knees).
47-48 Step left foot to left side. Step right foot across in front of left foot (legs are crossed at knees).
49-50 Step left foot to left side. Step right foot behind left foot (legs are crossed at knees).
51-52 Step left foot to left side. Stomp right foot next to left foot (weight is on right foot).

REPEAT
