

Lost For Words

拍數: 32 牆數: 4 級數: Improver
編舞者: Jackie Follett (UK)
音樂: Walkin in a Wilderness - Gordon Haskell



CROSS ROCK, TRIPLE, WEAVE LEFT TURNING ¼ LEFT

1-2-3&4 Cross/rock left over right, recover onto right, triple step in place left, right, left
5-6-7&8 Step right over left, step left to side, cross right behind left, turn ¼ left and step left forward

TOE/HEEL STRUTS TWICE, ROCK FORWARD, STEP BACK

1-2-3-4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel
5-6-7&8 Rock right forward, recover onto left, step right back, hold

TOE TOUCH, PIVOT ½ LEFT, STEP, TAP TOE, BACK STEPS WITH KICKS

1-2-3-4 Touch left toe back, turn ½ left (weight to left), step right forward, touch left toe back
5-6-7-8 Step left back, kick right forward, step right back, kick left forward

Click fingers on kicks

COASTER STEP, POINT, CROSS, POINT

1-2-3-4 Step left back, step right together, step left forward, hold
5-6-7-8 Touch right toe to side, cross right over left, touch left toe to side, hold

REPEAT

When using the Tanya Tucker track, keep dancing through the pauses until the tempo picks up again
