

# Lost And Found

拍數: 32      牆數: 2      級數: Improver  
編舞者: Jan Wyllie (AUS)  
音樂: The Lost and Found - The Derailers



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## ROCK ROCK SHUFFLE, ROCK ROCK SHUFFLE

1-2-3&4      Rock/step forward on left, rock back on right, shuffle back left, right, left  
5-6-7&8      Rock/step back on right, rock forward on left, shuffle forward right, left, right

## STEP SWEEP SHUFFLE, ROCK ROCK COASTER

9-10      Step left across right, sweep right around to front (weight stays on left)  
11&12      Shuffle forward right, left, right towards the left diagonal  
13-14      Rock/step forward on left, rock back on right  
15&16      Step back on left, step right beside left, step forward on left (still facing left diagonal)

## STEP SWEEP SHUFFLE, ROCK ROCK COASTER

17-18      Step forward on right, sweep left around to front (weight stays on right)  
19&20      Shuffle forward left, right, left towards the right diagonal  
21-22      Rock/step forward on right, rock back on left  
23&24      Step back on right, step left beside right, step forward on left (still facing right diagonal)

## STEP PIVOT SHUFFLE, FULL TURN, SHUFFLE

25-26      Step forward on left, pivot 3/8 turn right (to back wall) transferring weight to right  
27&38      Shuffle forward left, right, left  
29-30      Step forward right, left while making a full turn left (or just walk forward)  
31&32      Shuffle forward right, left, right

## REPEAT

## TAG

At the end of walls 2,3,5,8

## HIP BUMPS

1-2      Step forward on left bumping hips forward, bump hips back  
3-4      Bump hips forward, bump hips back

Now start the dance again by rocking forward and back

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