

Lost (You Are Not Alone)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rep Ghazali (SCO)
音樂: Lost - Michael Bublé



RIGHT FORWARD, FORWARD MAMBO, ROCK BACK RECOVER ½ TURN, ½ TURN STEP, ¼ PIVOT CROSS SHUFFLE

1 Step forward right
2&3 Rock forward left, recover on right, step back left
4&5 Rock back right, recover on left, ½ turn left stepping back right (6:00)
&6 ½ turn left stepping forward left, step forward right (12:00)
7&8& ¼ pivot turn left, cross right over left, step left to left side, cross right over left (9:00)

STEP SIDE, ROCK BACK RECOVER SIDE, ROCK BACK RECOVER FORWARD, ROCK FORWARD, BACK LOCK ½ TURN

1 Big step left to left side
2&3 Cross rock right behind left, recover on left, big step right to right side
4&5 Cross rock left behind right, recover on right, big step left diagonally forward left (7:30)
6-7 Rock forward on right, recover on left (7:30)
&8 Step back right, lock-step left across right (still facing left corner)
& ½ turn right stepping forward (1:30) facing opposite left corner

SWEEP, CROSS SIDE BEHIND, BEHIND SIDE FORWARD, TRIPLE FULL TURN, ROCK FORWARD

1 Sweep left from back to front (squaring to 3:00)
2&3 Cross left over right, step right to right side, step left behind
4&5 Sweep right from front to back and step behind left, step left to left side, step forward right (try making a big circle over counts 2-5)
6&7 ½ turn right stepping back left, ½ turn left stepping forward right, step forward left (3:00)
8& Rock forward right, recover on left

½ TURN, WALK WALK, CROSS BACK ¼ TURN SIDE, ROCK BACK ¾ TURN, ROCK BACK FULL TURN

1 ½ turn right stepping forward right (9:00)
2-3 Cross walk left over right, cross walk right over left
4&5 Cross left over right, step back right, ¼ turn big stepping left to left side (6:00)
6&7 Rock back right, recover on left, ¾ turn left stepping back right (9:00)
&8&1 Rock back left, recover on right, ½ turn right stepping back left, ½ turn right stepping forward right (9:00)

REPEAT
