

# Lost

拍數: 32      牆數: 2      級數: Improver  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)  
音樂: Lost - Brushwood



## SYNCOPATED VINE TO THE LEFT

1-2      Step left to left side, step right behind left  
3-4      Step left to right side, cross right over left  
5-6      Rock left to left side, recover on right  
7&8      Cross left over right, step quickly with right to right side, cross left over right

## SYNCOPATED VINE TO THE RIGHT

1-2      Step right to right side, step left behind right  
3-4      Step right to right side, cross left over right  
5-6      Rock right to right side, recover on left  
7&8      Cross right over left, step quick with left to left side, cross right over left

## FORWARD STEP, ½ TURN TO THE RIGHT, ½ TURNING SHUFFLE TO THE RIGHT, ROCK STEP, RECOVER, ½ TURNING SHUFFLE TO THE LEFT

1-2      Step forward on left, step right making ½ turn to the right  
3&4      Step left making ¼ turn to the right, step right making ¼ turn to the right, step forward on left  
5-6      Rock back on right, recover on left  
7&8      Step right making ¼ turn to the left, step left making ¼ turn to the left, step back on right

## ROCK STEPS, RECOVER STEPS, FORWARD SHUFFLE, COASTER STEP

1-2      Rock back on left, recover on right  
3&4      Shuffle forward left, right, left  
5-6      Rock forward on right, recover on left  
7&8      Step back on right, step back on left, step forward on right

## REPEAT

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