

# Losing My Mind

**COPPER KNOB**  
BY STEPHEN

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Chris Hodgson (UK)  
音樂: Foolish - Tyler James



## KICK-BALL-POINT, CROSS-½ UNWIND, COASTER STEP, BRUSH-STEP

1&2      Kick right forward, step in place on right, point left toe to left side  
3-4      Cross left over right, unwind ½ turn right (weight on left)  
5&6      Step back on right, step left next to right, step forward on right  
7-8      Brush left forward, step left forward (6:00)

## KICK-BALL-POINT, CROSS-¾ UNWIND, COASTER STEP, BRUSH-TOUCH

1&2      Kick right forward, step in place on right, point left toe to left side  
3-4      Cross left over right, unwind ¾ turn right (weight on left)  
5&6      Step back on right, step left next to right, step forward on right  
7-8      Brush left forward, touch left toe forward (3:00)

## HIP CIRCLE, TOGETHER-WALK-WALK, ¼ SWEEP-CROSS, & CROSS-SIDE

1-2      Roll hips in a circle to left over 2 counts (keep weight on right)  
&3-4      Step left next to right, step forward on right, step forward on left  
5-6      Sweep right around to front making ¼ turn left, cross step right over left  
&7-8      Small step left to left side, cross right over left, step left to left side (12:00)

## SIDE ROCK, CHASSE, CROSS ROCK, & STEP-½ TURN

1-2      Step right to right side, rock weight onto left  
3&4      Step right to right side, step left next to right, step right to right side  
5-6      Cross left over right, rock weight back onto right  
&7-8      Step left next to right, step forward on right, pivot ½ turn left (6:00)

## SIDE-HOLD, CROSS-HOLD, SIDE-SLIDE, & CROSS-½ TURN

1-2      Step right to right side, hold one count  
3-4      Cross step left over right, hold one count  
5-6      Step right large step to right side, slide left to touch next to right  
&7-8      Step left next to right, cross step right over left, step left to left side making ½ turn right (hinge) (12:00)

## CHASSE, CROSS ROCK, CHASSE-¼ TURN, STEP-½ TURN

1&2      Step right to right side, step left next to right, step right to right side  
3-4      Cross step left over right, rock weight back onto right  
5&6      Step left to left side, step right next to left, step left ¼ turn left  
7-8      Step forward on right, pivot ½ turn left (3:00)

## CROSS-BACK-&CROSS-POINT, CROSS-POINT TWICE

1-2      Cross right over left, step back on left  
&3-4      Small step right next to left, cross left over right, point right toe to right side  
5-6      Cross right over left, point left toe to left side  
7-8      Cross left over right, point right toe to right side (3:00)

## REVERSE SAILOR STEP TWICE (TRAVEL BACK), BACK ROCK, STEP-½ TURN

1&2      Step right behind left, step left to left side, step right to right side  
3&4      Step left behind right, step right to right side, step left to left side

5-6 Step back on right, rock weight forward onto left  
7-8 Step forward on right, pivot ½ turn left (9:00)

**REPEAT**

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