

# Losin' Control

**COPPER KNOB**  
BYEFOOTETS

拍數: 32      牆數: 2      級數: Intermediate/Advanced  
編舞者: Steve Rutter (UK)  
音樂: Caught Up - Usher



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## STEP BACK, TOE TAP, LEFT KICK BALL-TOUCH WITH ¼ TURN LEFT, CROSS, SIDE ROCK, CROSS, UNWIND ¾ TURN RIGHT, SIDE STEP

1-2            Step back on right, tap left toe across right  
3&4           Kick left forward, step left beside right, make a quarter turn left touching right toe to right side  
5&6           Cross right over left, rock left to left side, recover weight onto right  
7&8           Cross left over right, unwind a three-quarter-turn right, step right-to-right side

## CROSSING MAMBO ROCK, CROSS, UNWIND FULL TURN LEFT, RIGHT VINE, TOE TOUCH, SIDE STEP, CROSS, UNWIND ½ TURN LEFT

9&10           Cross rock left over right, recover weight back onto right, step left-to-left side  
11&12          Cross right over left, unwind a full turn left, step right-to-right side  
13&14          Cross left behind right, step right-to-right side, touch left toe forward and across right  
&              Step left-to-left side  
15-16          Cross right over left, unwind a half turn left (weight ending on left)

## SIDE STEP, CROSS BEHIND, SIDE ROCK & CROSS, TOE TOUCH, FLICK BACK WITH ¼ TURN LEFT, TOE TOUCH, WEAVE

17-18           Step right to right side, cross left behind right  
19&20          Rock right-to-right side, recover weight onto left, cross right over left  
21&22          Touch left toe to left side, making a quarter turn left flick left foot behind right knee, touch left toe to left side  
23&24          Cross left behind right, step right-to-right side, cross left over right

## TOE SWITCHES, HITCH, ¾ TURN RIGHT, COASTER TOUCH, ¼ TURN RIGHT, CROSS, UNWIND ¾ TURN RIGHT

25&26           Touch right toe to right side, close right beside left, touch left toe to left side  
&27            Close left beside right, touch right toe to right side  
&28            Hitch right knee, on ball of left spin a three-quarter-turn right  
29&30          Step back on right, close left beside right, touch right toe to right side  
31&32          Make a quarter turn right stepping right to right side, cross left over right, unwind a three-quarter-turn right

## REPEAT

## RESTART

On wall 4 restart dance after 16 counts (cross, unwind a half turn left)

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