Lord Of The Warriors



拍數: 0 牆數: 0 級數:

編舞者: Maggie Gallagher (UK) 音樂: Warriors - Ronan Hardiman



Sequence: AA, TAG 1, BBBB, TAG 2, C

16 count intro of drums and start when the bagpipes come in

SECTION A

STEP, SCUFF, STOMP ROCK & HEEL, CLAPS, STEPS, ½ LEFT

1-2 Step forward right, scuff forward left

3&a4 Stomp left foot across right raising right foot slightly, step right in place, step left beside right,

place right heel forward

&5 Clap hands, clap hands

&6 Place weight onto right, step forward on left

7-8 Step forward on right, ½ pivot left

STEP, SCUFF, STOMP, ROCK, CLOSE, STOMP, HOLD, STEPS, 1/4 LEFT

1-2 Step forward right, scuff forward left

3&a4 Stomp forward left, rock back onto right, close left beside right, stomp right forward (leaving

weight back on left)

5 Hold

Step weight onto right, step forward left Step forward right, ¼ pivot turn left.

RIGHT CROSS, LEFT SIDE, HITCH ¼, HITCH ¼, RIGHT SAILOR HEEL, SCISSOR CROSS, ¼ LEFT STEPPING BACK RIGHT

1-2 Cross right over left, step left to left side

&3&4 \(\frac{1}{2} \) right hitching right, \(\frac{1}{2} \) turn right stepping right to right side, \(\frac{1}{2} \) right hitching left, \(\frac{1}{2} \) turn right

stepping left to left side

Cross right behind left, step left to left side, tap right heel forward to right diagonal Step right next to left, cross left over right, ¼ turn left stepping back on right

STOMPS OUT, HOLD, SCISSOR CROSS, STEPS, ½ PIVOT, STEP, LEFT SHUFFLE

&1 Stomp out left, stomp out right. (crossing left fist to right shoulder & right fist to left shoulder in

the Warrior Position)

2 Hold

&3 Close left next to right, cross right over left (dropping Warrior arms to the side)

4 Step forward on left

5&6 Step on right, ½ pivot left, step forward on right

7&8 Step forward on left, bring right beside left, step forward on left

TAG 1

(1/4 RIGHT, HOLD. WALK LEFT, HOLD) X4

1-2 ½ turn right stepping forward on right, hold

3-4 Walk forward on left, hold

5-16 Repeat 3 more times, ending at the front wall

SECTION B

RIGHT CHASSE, FULL HINGE TURN RIGHT, CROSS ROCK, CLOSE, CROSS, BIG SIDE STEP LEFT

1&2 Step right to right side, close left beside right, step right to right side

3-4 ½ hinge turn right stepping left to left side, ½ hinge turn right stepping right to right side

5-6	Cross rock left over right, rock back on right
&7	Step left foot out to left side, cross right over left
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8 Step large left step out to left side

DRAG, PLACE, LEFT CROSS, RIGHT SIDE STEP, LEFT SAILOR 1/4 LEFT, WALKS, SCUFF

1 Drag right foot in towards left

&2 Place weight onto right, cross left over right

3 Step right to right side

4&5 Cross left behind right, step right to right side, ¼ turn left stepping onto left

6-7 Walk forward right, walk forward left

8 Scuff forward on right

CROSS BACK SIDE, WALKS, LEFT COASTER STEP, WALKS

1&2 Cross right over left, step back on left, step right to right side

3-4 Walk forward left, walk forward right

5&6 Step back on left, close right beside left, step forward on left

7-8 Walk forward right, walk forward left

WALKS BACK, HEEL SWIVELS TWICE, WALKS BACK, HEEL SWIVELS, HOLD

1-2 Walk back on right, walk back on left (placing left directly behind right)

&3&4 Swivel heels out, swivel heel to center, swivel heels out, swivel heel to center

5-6 Walk back on right, walk back on left (placing left directly behind right) &7-8 Swivel heels out, swivel heel to center, hold (weight ends on left)

TAG 2

1/4 RIGHT TRIPLE, LEFT SHUFFLE, 1/4 RIGHT TRIPLE, LEFT SHUFFLE

1&2 ½ turn right triple on the spot

3&4 Left shuffle forward

5&6 ½ turn right triple on the spot

7&8 Left shuffle forward

1/4 RIGHT TRIPLE, LEFT SHUFFLE, 1/4 RIGHT WITH RIGHT SHUFFLE, STOMP, HOLD

1&2 ½ turn right triple on the spot

3&4 Left shuffle forward

5&6 ½ turn right with right shuffle forward

7-8 Stomp left, hold

SECTION C

Dance the 4 walls through once ending with a scuff, and arms raised above your head facing the front for a big finish

RIGHT SHUFFLE, SCUFF-STEP, SCUFF-STEP, SCUFF, ROCK, LEFT COASTER STEP

1&2 Step forward right, close left beside right, step forward on right

Scuff forward on left, step onto leftScuff forward on right, step onto right

5-6 Scuff left forward and rock onto left, rock back onto right
7&8 Step back on left, close right beside left, step forward on left

CROSS, STEP, RIGHT SAILOR, LEFT CROSS, 1/4 LEFT BACK STEP, 1/2 LEFT, SCUFF RIGHT

1-2 Cross right over left, step left to left side

Cross right behind left, step left to left side, step right in place
Cross left over right, ¼ turn left stepping back on right
turn left stepping forward on left, scuff forward on right

The scuffs are very small heel scuffs. These are kept small so that the dancer can keep up with the music as it speeds up.

On wall three of this section the music speeds up noticeably. Just go with it. The rhythm stays the same. It

makes for an	exciting	end to	the dance
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