

Lorraine

拍數: 48 牆數: 1 級數: Beginner
編舞者: Gill Cox (UK)
音樂: Lorraine - Jenai



TOE STRUTS FORWARD, SHUFFLES FORWARD

1-2 Step right toe forward, drop right heel
3-4 Step left toe forward, drop left heel
5&6 Step right forward, close left up to right, step right forward
7&8 Step left forward, close right up to left, step left forward

TOE STRUTS BACK, SHUFFLES BACK

1-2 Step right toe back, drop right heel
3-4 Step left toe back, drop left heel
5&6 Step right back, close left up to right, step right back
7&8 Step left back, close right up to left, step left back

RIGHT GRAPEVINE, LEFT GRAPEVINE

1-4 Step right to right, left behind right, right to right, touch left next to right
5-8 Step left to left, right behind left, left to left, touch right next to left

2 MONTEREY ¼ TURNS RIGHT

1-2 Touch right to right side, on ball of left make ¼ turn right, stepping right beside left
3-4 Touch left to left side, step left beside right
5-6 Touch right to right side, on ball of left make ¼ turn right, stepping right beside left
7-8 Touch left to left side, step left beside right

HEEL SWITCHES & CLAPS

1-2 Touch right heel forward, hold & clap
&3-4 Step right next to left, touch left heel forward, hold & clap
&5 Step left beside right, touch right heel forward
&6 Step right beside left, touch left heel forward
&7-8 Step left beside right, touch right heel forward, hold & clap

2 JAZZ BOX, ¼ TURNS RIGHT

1-2 Cross right over left, step back left
3-4 Step right to right with ¼ turn right, step left next to right
5-6 Cross right over left, step back left
7-8 Step right to right with ¼ turn right, step left next to right

REPEAT

FINISH

To finish dance facing front adjust Monterey turns to ½ turns after Jenai sings "La-La-La Lorraine" for the second time.