

Loose Cannon

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Tom Elberfeld (USA)
音樂: Big Mexican Dinner - The Kentucky Headhunters



BACKWARD FOOT SWEEPS

Exaggerated steps backward, in which the front foot is moved, in a half-circle motion, out to the side and then behind the other foot.

- 1 Sweep left foot back
- 2 Pause
- 3 Sweep right back
- 4 Pause
- 5 Sweep left back
- 6 Sweep right back
- 7 Sweep left back
- 8 Pause

STEP, LOCK, STEP, TOUCH

- 9 Step right forward
- 10 Step left slightly behind and right of right
- 11 Step right forward
- 12 Touch left toe to floor beside right

½ TURN, ½ TURN, SHUFFLE

- 13 Step forward on left, making ½ turn to the right
- 14 Step back on right, making ½ turn to the right
- 15&16 Shuffle forward left-right-left

JAZZ SQUARE

- 17 Step right across left
- 18 Step back on left
- 19 Step right to right
- 20 Step left in front of right

STEP, BEHIND, (SIDE) COASTER STEP

- 21 Step right across left
- 22 Step left directly behind right
- 23 Step right to right
- & Step left directly behind right
- 24 Step right to left

STEP, TOUCH, STEP, TOUCH

- 25 Step left to left
- 26 Touch right toe to front and left of left
- 27 Step right to right
- 28 Touch left toe to front and right of right

¼ TURN, ½ TURN, ½ TURN, STEP

- 29 Stepping to left on left, make ¼ turn to the left
- 30 Stepping forward on right, make ½ turn to the left
- 31 Stepping backward on left, make ½ turn to the left

32 Step forward on right

STEP, TOGETHER, ¾ TURN, STEP

33 Step forward on left

34 Step right beside left

35 Shift weight to left and make ¾ turn to the right

36 Shift weight to right

STEP, TOGETHER, COASTER TURN

37 Step forward on left

38 Step right beside left

39 Step back on left

& Step right beside left

40 Stepping to left on left, make ¼ turn to the left

SHUFFLE, SHUFFLE, SHUFFLE, ROCK, BACK

41&42 Shuffle forward right-left-right

43&44 Shuffle forward left-right-left

45&46 Shuffle forward right-left-right

47 Step forward on left

48 Rock back on right

REPEAT
