

Looking Forward Looking Back

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Trish Pratchett (AUS)
音樂: Looking Forward Looking Back - Slim Dusty



- 1-4 Step forward on right, step left behind right, step forward on right, hold
5-8 Step forward on left, step right behind left, step forward on left, touch right foot beside left
- 1-4 Step back on right, turn $\frac{1}{2}$ left stepping out on left, step forward on right, hold
5-8 Step forward on left, step right behind left, step forward on left, touch right foot beside left
- 1-4 Step right to right side, twisting both heels to left then center, cross right in front of left, hold
5-8 Step left to left side, twisting both heels to right then center, cross left in front of right, hold
- 1-4 Step forward on right, pivot $\frac{1}{2}$ left, step forward on right, hold
5-8 Step forward on left, pivot $\frac{1}{2}$ right, step forward on left, hold
- 1-4 Step right foot to right, step left behind right, step right foot to right, turn $\frac{1}{2}$ left with a scuff on right foot
5-8 Step left foot to left, step right behind left, step left foot to left, turn $\frac{1}{4}$ left with a scuff on right foot
- 1-4 Cross right foot over left, step left foot to left side, turn $\frac{1}{4}$ right stepping onto right foot, hold
5-8 Cross left foot over right, step right to right side, step left foot beside right, hold
- 1-4 Step right foot to right, step left behind right, step right foot to right, turn $\frac{1}{2}$ right with a scuff on left foot
5-8 Step left foot to left, step right behind left, step left foot to left, turn $\frac{1}{4}$ left with a scuff on right foot
- 1-4 Cross right foot over left, step left foot to left side, turn $\frac{1}{4}$ right stepping forward on right foot, hold
5-8 Step left foot behind right, step right foot to right, step left foot to left, hold

REPEAT

TAG

While facing the 2nd wall, do counts 1-8 of the dance instead of the last 16 counts

At the start of the 4th and 8th wall, slow down with music until you stop. Making a $\frac{1}{2}$ turn right restart dance on 5th and 9th wall with the word "forward"

At the start of the 10th wall, do counts 1-16 of the dance. Then repeat again until you finish the dance on looking back while dragging left foot up to right.