

Look @ Me Now

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Johnny S. (UK)
音樂: Oh Look At Me Now - Gareth & Zoe



SWEEP & CROSS SHUFFLE, HOLD, LEFT MAMBO, HOLD

- 1-2 Sweeping right foot forward - cross right foot over left, step left to left side
- 3-4 Cross right foot over left, hold (use small steps when crossing)
- 5-8 Rock-step left foot to left side, recover onto right, step left beside right, hold

ROCK, RECOVER, ½ TURN RIGHT, HOLD, STEP FRONT-SIDE-BEHIND, ¼ TURN LEFT

- 1-4 Rock right forward, recover onto left, make ½ turn right & step right forward, hold
- 5-7 Cross-step left foot over right, step right to right side, step left behind right
- 8 With knees bent - make ¼ turn left (weight ends on left)

SLOW RIGHT VAUDEVILLE, LEFT VAUDEVILLE WITH ¼ TURN LEFT, HOLD

- 1-3 Cross-step right over left, step left to left side, touch right heel forward at slight angle
- 4 Step right foot in place
- 5-6 Cross-step left over right, step right to right side making ¼ turn left
- 7-8 Touch left heel forward, hold

SWEEP WITH ¼ TURN LEFT, HOLD, KICK, HOLD, ROCK, RECOVER, STEP, HOLD

- 1-2 Sweep left foot ¼ turn left (weight goes onto left), hold
- 3-4 Kick right foot forward, hold
- 5-8 Rock right foot behind left, recover onto right, step right forward at slight angle, hold

Optional: elbows close to sides - extend both hands out with palms forward & open

SWEEP & CROSS SHUFFLE, HOLD, ROCK, RECOVER, CROSS, HOLD

- 1-2 Sweeping left foot forward - cross-step left over right, step right to right side
- 3-4 Cross left foot over right, hold
- 5-8 Rock right foot to right side, recover onto left, cross right over left, hold

ROCK, RECOVER, ¼ TURN LEFT, HOLD, FORWARD WALKS WITH HOLDS

- 1-4 Rock left foot to left side, recover onto right, make ¼ turn left & step left forward, hold
- 5-8 Walk forward right, hold, walk forward left, hold (swagger forward - Mitchum style - cool)

WALK BACK, CROSS, HOLD, UNWIND ½ TURN RIGHT, HOLD

- 1-4 Walk back right, left, right, left
- 5-6 Cross-step right foot behind left, hold
- 7-8 Unwind ½ turn right, hold

ROCK, RECOVER, STEP, HOLD, SWIVEL RIGHT, SWIVEL RIGHT WITH ¼ LEFT

- 1-4 Rock right foot behind left, recover onto right, step right forward at slight angle, hold
- Optional: elbows close to sides - extend both hands out with palms forward & open**
- 5-6 Swivel both heels to left, hold
- 7-8 Swivel heels right to make a ¼ turn to left wall, hold (weight ends on left)

Now facing new wall at 9:00

REPEAT

TAG

After the second sequence - you'll be facing the back wall - there is a once only 8 count tag:

1-4 Step right foot forward, hold, step left foot forward, hold
5-8 Step right foot forward, hold, step left foot forward, hold
Make very small steps & use the swagger style again - look cool!!
