

Look Alike

拍數: 72 牆數: 4 級數: Intermediate/Advanced
編舞者: Anita Swirsky (CAN)
音樂: Poor, Poor Pitiful Me - Terri Clark



This dance is dedicated to my best friend, Kelly Kaylin. Her friendship, love and support means more to me than she could ever know. Thanks for all the things that you do Kelly-babe!!

HEEL GRINDS HEEL STANDS

- 1-2 Grind right heel forward left, to right
- 3&4 Step right foot next to left, lean slightly back on heels while fanning out toes-bring toes back down
- 5-6 Grind left heel forward right, to left
- 7&6 Step left foot next to right, lean slightly back on heels while fanning out toes, bring toes back down

TRIPLES, FUNKY TWISTS

- 9&10 Triple to right side, angling left shoulder to the right right-left-right
- 11&12 Triple to left side, angling right shoulder to the left left-right-left
- 13-16 Step on right foot, swivel right heel out to the right lifting left foot off the floor, step on left foot-swivel left heel out to the left lifting right foot off the floor, repeat those 2 counts

Feel free to incorporate your arms & shoulders to emphasize this move!

SHUFFLE TO RIGHT SIDE, ½ TURN PIVOT, WALK FORWARD

- 17&18 Shuffle to the right side right, left, right
- 19-20 Step forward on left foot, ½ pivot turn to right
- 21-24 Walk forward on left, right, left, kick out right foot & clap

WALK BACK, HEEL JACK (ROMP), HOLD, TWICE RIGHT STOMP

- 25-28 Walk back on right, left, right, together on left (with weight on left)
- &29&30 Step back on right foot, quickly extending left heel forward, step left foot home, touch right foot next to left
- 31&32 Hold count, stomp quickly with right foot twice

4 SHUFFLES TO SIDE (BOX FORMATION)

- 33&34 Shuffle to side right stepping right, left, right
- 35&36 ¼ turn to left and shuffle to side left stepping left, right, left
- 37&38 ¼ turn to right and shuffle to side right stepping right-left-right
- 39&40 ¼ turn to left and shuffle to side left stepping left, right, left

ROCK STEP, TOUCH, HOLD

- 41-42 Rock forward on right foot, step back on left
- 43-44 Touch right foot to left, hold count
- 45-46 Rock back on right foot, step forward on left
- 47-48 Touch right foot to left, hold count

"MASH" STEP, TWICE RIGHT HEEL TAPS RIGHT COASTER STEP BACK

- 49&50& Step forward on right foot swivel both heels in, swivel both heels out, step back on right foot swivel both heels in, swivel both heels out
- 51&52& Step back on left foot swivel both heels in, swivel both heels out, step forward on left, swivel both heels in, swivel both heels out, weight on left
- 53-54 Tap right heel forward twice

55&56 Step back on right foot, bring left back next to right, step forward on right

VINE LEFT, VINE RIGHT

57-60 Step to side on left foot, cross right behind left, step to side on left foot, bring right foot next to left

61-64 Step to side on right foot, cross left behind right, step to side on right, bring left foot next to right, shifting weight onto left

FOUR ¼ BODY ROLLS TO LEFT

65-72 Step forward on ball of right foot, swivel hips/body around ¼ turn to left, repeat 3 more times

REPEAT
