

Look

拍數: 64 牆數: 4 級數: Intermediate/Advanced hip hop
編舞者: Christopher Whitfield (USA) & Caroline Gardner (USA)
音樂: Do Somethin' - Britney Spears



KICK BALL CHANGE, DRAG, FOOT WORK

1&2 Kick right forward, change weight, step left beside right
3 Long step forward on right
4 Change weight
5 Point right to right side
6 Cross right in front
7 Point right foot to right side
8 Cross right behind (weight on left)

FOOT WORK, HALF MONTEREYS

1 Point left to left side
2 Point left behind right foot
3 Point left to left side
4 Cross left in front (weight on left)
5& Point right to right side with ¼ turn to right
6 Point left to left side
7& Point right to right side with ¼ turn to right
8 Point left to left side

LUNGE LEFT, SYNCOPATED WEAVE, ¼ TURN, STEP LOCK STEP

1 Lunge left
2 Recover weight to right
3 Step left behind right
& Step right to right side
4 Cross left over right
5 Cross right over left
6 ¼ turn to left
7 Step right forward
& Step left behind right
8 Step right forward

ROCK RECOVER, DRAG, COASTER STEP, ½ TURN

1 Rock forward on left
2 Recover to right
3 Drag left back
& Step right back
4 Step left forward
5 Cross right over left
6-8 Unwinding ½ turn to left

SYNCOPATED WEAVE WITH HEEL JACKS

&-1 Step right to right side, cross left in front of right
&-2 Step right to right side, cross left behind right
&-3 Step right to right side, cross left in front of right
&-4 Step right to right side, left heel jack
&-5 Step left beside right, cross right over left

- &-6 Step left to left, right heel jack
- &-7 Step right to right side, cross left in front of right
- &-8 Step right slightly back, left heel jack
- & Step left down

HEELS, SAILOR STEPS

- 1 Right heel slightly forward
- 2 Left heel slightly forward
- 3 Right foot back
- 4 Left foot back
- 5&6 Right-left-right (sailor shuffle)
- 7&8 Left-right-left (sailor shuffle)

HEELS, CROSS BEHIND, UNWIND

- 1 Right heel slightly forward
- 2 Left heel slightly forward
- 3 Right foot back
- 4 Left foot back
- 5 Step right behind left
- 6-7 Whole unwind turn right
- 8 Change weight to left

SCUFFLE TOWN KICKS

- 1-2 Scuff right hitch stomp slightly to right
- 3-4 Body roll to right
- 5-6 Scuff left hitch stomp slightly to left
- 7-8 Body roll to left

REPEAT

RESTARTS:

Second wall, after coaster step $\frac{1}{2}$ turn

Second wall, after Monterey
