

# Look

拍數: 64      牆數: 4      級數: Intermediate/Advanced hip hop  
編舞者: Christopher Whitfield (USA) & Caroline Gardner (USA)  
音樂: Do Somethin' - Britney Spears



## KICK BALL CHANGE, DRAG, FOOT WORK

1&2      Kick right forward, change weight, step left beside right  
3      Long step forward on right  
4      Change weight  
5      Point right to right side  
6      Cross right in front  
7      Point right foot to right side  
8      Cross right behind (weight on left)

## FOOT WORK, HALF MONTEREYS

1      Point left to left side  
2      Point left behind right foot  
3      Point left to left side  
4      Cross left in front (weight on left)  
5&      Point right to right side with ¼ turn to right  
6      Point left to left side  
7&      Point right to right side with ¼ turn to right  
8      Point left to left side

## LUNGE LEFT, SYNCOPATED WEAVE, ¼ TURN, STEP LOCK STEP

1      Lunge left  
2      Recover weight to right  
3      Step left behind right  
&      Step right to right side  
4      Cross left over right  
5      Cross right over left  
6      ¼ turn to left  
7      Step right forward  
&      Step left behind right  
8      Step right forward

## ROCK RECOVER, DRAG, COASTER STEP, ½ TURN

1      Rock forward on left  
2      Recover to right  
3      Drag left back  
&      Step right back  
4      Step left forward  
5      Cross right over left  
6-8      Unwinding ½ turn to left

## SYNCOPATED WEAVE WITH HEEL JACKS

&-1      Step right to right side, cross left in front of right  
&-2      Step right to right side, cross left behind right  
&-3      Step right to right side, cross left in front of right  
&-4      Step right to right side, left heel jack  
&-5      Step left beside right, cross right over left

- &-6 Step left to left, right heel jack
- &-7 Step right to right side, cross left in front of right
- &-8 Step right slightly back, left heel jack
- & Step left down

#### **HEELS, SAILOR STEPS**

- 1 Right heel slightly forward
- 2 Left heel slightly forward
- 3 Right foot back
- 4 Left foot back
- 5&6 Right-left-right (sailor shuffle)
- 7&8 Left-right-left (sailor shuffle)

#### **HEELS, CROSS BEHIND, UNWIND**

- 1 Right heel slightly forward
- 2 Left heel slightly forward
- 3 Right foot back
- 4 Left foot back
- 5 Step right behind left
- 6-7 Whole unwind turn right
- 8 Change weight to left

#### **SCUFFLE TOWN KICKS**

- 1-2 Scuff right hitch stomp slightly to right
- 3-4 Body roll to right
- 5-6 Scuff left hitch stomp slightly to left
- 7-8 Body roll to left

#### **REPEAT**

#### **RESTARTS:**

Second wall, after coaster step  $\frac{1}{2}$  turn

Second wall, after Monterey's

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