

The Longyard

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Jan Wyllie (AUS)
音樂: Leave Him In The Longyard - Slim Dusty And Lee Kernaghan



STRUT FORWARD RIGHT, LEFT, RIGHT TOUCH HEEL DIAGONALLY FORWARD, WEAWE LEFT, ROCK RETURN

1&2& Strut forward right, left
3&4 Strut forward on right, touch left heel to left diagonal
5&6& Step left behind right, step right to right, step left across right, step right to right
7-8 Rock/step left behind right, rock/return weight forward onto right

& ROCK RETURN, & TOUCH UNWIND ½, QUICK ¼ PIVOT, QUICK ½ PIVOT

&9-10 Step left slightly left, rock/step right behind left, rock/return weight forward onto left
&11-12 Step right slightly right, touch left toe back, unwind ½ left taking weight forward onto left
13&14 Step forward on right, pivot ¼ left transferring weight to left, step forward on right
15&16 Step forward on left, pivot ½ right transferring weight to right, step forward on left

ROCK & ACROSS, ROCK & ACROSS, ROCK FORWARD & BACK, COASTER STEP, & ROCK FORWARD RETURN, & ROCK RETURN

17&18 Rock/step right to right, rock/return weight sideways onto left, step right across left
19&20 Rock/step left to left, rock/return weight sideways onto right, step left across right
21&22 Rock/step forward on right, rock back on left, step back on right
23&24 Step back on left, step right beside left, step forward on left

ROCK RETURN, & HEEL & HEEL, ¼ HEEL & HEEL, & STEP SCUFF

25-26 Rock/step forward on right, rock back on left
&27 Step back on right, touch left heel forward
&28 Step back on left, touch right heel forward
&29 Making ¼ left step right beside left, touch left heel forward
&30 Step left beside right, touch right heel forward
&31-32 Step right beside left, step slightly forward on left, big scuff forward on right

REPEAT
