

Longway To Richmond

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Laurel Ingram (UK)
音樂: Modern Day Bonnie and Clyde - Travis Tritt



DIAGONAL ROCK FORWARD & BACK, WEAWE & TOUCH

- 1&2& Rock forward on right to left diagonal, recover back left, rock back right to right diagonal, recover left
3&4 Rock forward on right to left diagonal, recover left, step right foot to right side
5&6& Cross left foot behind right, step right to right side, cross left foot in front of right, step right to right side
7&8 Cross left foot behind right, step right to right side, touch left foot beside right

VINE WITH ¼ TURN, SCUFF HITCH ½ TURN, STEP LOCK STEP TWICE

- 1&2& Step left foot to left side, cross right foot behind left, turn ¼ left stepping on left, scuff right foot
3&4 Hitch right knee turning ½ turn left, stepping back on right foot, step back on left foot
5&6 Step forward on right foot, lock left behind right, step right foot forward
7&8 Step forward on left foot, lock right behind left, step right foot forward

STEP ¼ TURN LEFT, WEAWE, HITCH, HITCH CHASSE, HITCH ½ TURN CHASSE

- 1&2& Step right foot forward, turn ¼ left, step left foot to left side, cross right foot over left, step left foot to left side
3&4& Cross right foot behind left, hitch left knee, replace left foot to left side, hitch right knee
5&6& Replace right to right side, close left beside right, step right to right side, hitch left knee turning ½ turn left
7&8 Step left to left side, close right beside left, step left to left side

ROCK FORWARD & BACK, STEP ½ PIVOT STEP, HITCH JAZZ BOX, TRIPLE FULL TURN

- 1&2 Rock forward on right, recover back to left, rock back on right foot, recover forward on left
3&4& Step forward on right foot, pivot ½ turn left, step forward on right foot, hitch left knee
5&6 Cross left foot over right, step back on right, step left foot to left side
7&8 Triple full turn left, on right, left right, traveling to left side, (or cross shuffle)

¾ PIVOT TURN RIGHT, SAILOR, LOCK STEP, STEP ½ TURN PIVOT STEP

- 1&2 Step left foot back turning ¼ right, turn ¼ right stepping right foot forward, turn ¼ right stepping left foot to left side
3&4 Cross right behind left, step left foot to left side, step right in place
5&6 Step forward on left foot, lock right behind right, step left foot forward
7&8 Step forward on right, pivot ½ turn left, step forward on right

ROCK RECOVER CROSS TWICE, ROCK RECOVER ¼ PIVOT, HITCH STEP & DRAG

- 1&2 Rock left foot to left side, recover left foot, cross left foot over right
3&4 Rock right foot to right side, recover right foot, cross right foot over left
5&6& Step left foot to left side, pivot ¼ turn right, stepping right foot to right side, cross left foot over right, hitch right knee,
7&8 Step long step to right side, drag left foot to meet right, (taking weight on to left foot)

REPEAT