

Longway Back

拍數: 48 牆數: 4 級數: Improver
編舞者: Karen @Dance N Smile
音樂: A Long Way Back - The Drive



ROCK, STEP, BACK, LOCK, BACK

1-4 Rock forward on right, recover weight on left, step back on right, hold
5-8 Step back on left, lock right in front of left, step back on left, hold

BACK ROCK, FORWARD LOCK

9-12 Rock back on right, recover weight left, step forward on right, hold
13-16 Step forward on left, lock right behind left, step forward on right, hold

ROCK, ½ TURN, ROCK, ¼ TURN

17-20 Rock forward on right, turn ½ turn back over right shoulder, step forward on right, hold
21-24 Rock forward on left, turn ¼ turn back over left shoulder, step forward on left, hold

ROCK, FRONT, SIDE, FRONT, SIDE

25-28 Rock forward on right, recover weight on left, step back on right
29-32 Cross left over right, step right to right side, cross left over right, hold

GRAPEVINE RIGHT, ROCK, RECOVER

33-36 Step right to right side, cross left behind, side right to right side. Hold
37-40 Rock back on left, recover weight right, step left in place. Hold

RIGHT AND LEFT BOXES

41-44 Step right to right side, bring left to right, step back on right, hold
45-48 Step left to left side, bring right to left, step forward on left, hold

REPEAT
