

Longneck Express

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Knox Rhine (USA)
音樂: My Girlfriend Might - Smokin' Armadillos



SHUFFLE 1, SHUFFLE 2:

- 1 Step forward with left foot
- & Together with right foot next to left foot
- 2 Step forward with left foot
- 3 Step forward with right foot
- & Step together with left foot next to right foot
- 4 Step forward with right foot

3 STOOGES SCOOTs:

- & Bend left knee with toe back just above floor
- 5 Scoot back on right foot, tap left toe on floor
- & Bend left knee with toe back just above floor
- 6 Scoot back on right foot, tap left toe on floor
- & Bend left knee with toe back just above floor
- 7 Scoot back on right foot, tap left toe on floor
- & Bend left knee with toe back just above floor
- 8 Scoot back on right foot, tap left toe on floor

HEEL & TOE, HEEL & TOE:

- & Place left foot next to right foot
- 9 Touch right heel forward
- & Place right foot next to left foot
- 10 Touch left toe back
- & Place left foot next to right foot
- 11 Touch right heel forward
- & Place right foot next to left foot
- 12 Touch left toe back

SIDE, BEHIND & SIDE & HEEL & HEEL:

- 13 Step to left side with left foot
- 14 Step across behind left leg with right foot
- & Step to left side with left foot
- 15 Touch right heel forward
- & Place right foot next to left foot
- 16 Step forward with left foot

SQUAT, ½ TURN, OUT-OUT, IN-FRONT:

- 17 Bend both knees and begin ½ turn to right
- 18 Complete turn and straighten knees
- & Step to left side with left foot
- 19 Step to right side with right foot
- & Step to center with left foot
- 20 Step across in front of left leg with right foot

½ TURN, SET, OUT-OUT, CLAP:

- 21 Pivot ½ turn to left on balls of both feet

- 22 Set heels down/hold
- & Step forward-left with left foot
- 23 Step forward-right with right foot
- 24 Clap hands at chest level

BACK-TURN, CLAP, KICK, KICK:

- & Step back with left foot
- 25 Pivot $\frac{1}{4}$ turn left on ball of left foot, stepping to right side with right foot
- 26 Clap hands at chest level
- 27 Kick left foot forward
- 28 Kick left foot forward

LEFT SAILOR STEP, RIGHT SAILOR STEP:

- 29 Step across behind right leg with left foot
- & Step to right side with right foot
- 30 Step to left side with left foot
- 31 Step across behind left leg with right foot
- & Step to left side with left foot
- 32 Step to right side with right foot

REPEAT
