## Longneck Express

拍數： 32
寣數： 4
級數：Intermediate
編舞者：Knox Rhine（USA）
音樂：My Girlfriend Might－Smokin＇Armadillos

SHUFFLE 1，SHUFFLE 2：
1 Step forward with left foot
\＆Together with right foot next to left foot
2 Step forward with left foot
3
\＆
Step forward with right foot
Step together with left foot next to right foot
4
Step forward with right foot

## 3 STOOGES SCOOTS：

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5
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6
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7
\＆
8

Bend left knee with toe back just above floor
Scoot back on right foot，tap left toe on floor
Bend left knee with toe back just above floor
Scoot back on right foot，tap left toe on floor
Bend left knee with toe back just above floor
Scoot back on right foot，tap left toe on floor
Bend left knee with toe back just above floor
Scoot back on right foot，tap left toe on floor

## HEEL \＆TOE，HEEL \＆TOE：

\＆Place left foot next to right foot
$9 \quad$ Touch right heel forward
\＆Place right foot next to left foot
10 Touch left toe back
\＆Place left foot next to right foot
11 Touch right heel forward
\＆Place right foot next to left foot
12 Touch left toe back

## SIDE，BEHIND \＆SIDE \＆HEEL \＆HEEL：

13 Step to left side with left foot
14 Step across behind left leg with right foot
\＆Step to left side with left foot
15 Touch right heel forward
\＆Place right foot next to left foot
16 Step forward with left foot

## SQUAT，½ TURN，OUT－OUT，IN－FRONT：

17 Bend both knees and begin $1 / 2$ turn to right
Complete turn and straighten knees
\＆Step to left side with left foot
19 Step to right side with right foot
\＆Step to center with left foot
20 Step across in front of left leg with right foot
½ TURN，SET，OUT－OUT，CLAP：
21
Pivot $1 / 2$ turn to left on balls of both feet

Set heels down/hold
\& Step forward-left with left foot
23 Step forward-right with right foot
Clap hands at chest level
BACK-TURN, CLAP, KICK, KICK:
\& Step back with left foot
25
Pivot $1 / 4$ turn left on ball of left foot, stepping to right side with right foot
26 Clap hands at chest level
27 Kick left foot forward
28 Kick left foot forward

## LEFT SAILOR STEP, RIGHT SAILOR STEP:

29 Step across behind right leg with left foot
\& Step to right side with right foot
$30 \quad$ Step to left side with left foot
$31 \quad$ Step across behind left leg with right foot
\& Step to left side with left foot
32 Step to right side with right foot
REPEAT

