

# A Long Time Coming

拍數: 64      牆數: 1      級數: Improver  
編舞者: Hal Hill (USA) & LouAnn  
音樂: Havana - Kenny G



Special thanks to Ginger

## HIPS BACK AND FORTH, WALK, WALK, TRIPLE STEP MAKING A QUARTER TURN RIGHT

- 1-4            (Start with weight on left foot) - move hips back, forward, back, forward weight ends on left foot  
5-6            Step right foot to right side, step left foot behind right  
7&8           (Triple step making  $\frac{1}{4}$  turn right) step right to right making  $\frac{1}{4}$  turn right, step left by right, step right foot forward

## HIPS BACK AND FORTH, WALK WALK, TRIPLE STEP MAKING A HALF TURN LEFT (END ON 9:00 WALL)

- 1-4            (Start with weight on right) move hips forward, back, forward, back  
5-6            (Making  $\frac{1}{2}$  turn left) step left forward, step forward on right  
7&8            (Shuffle forward) - step right foot forward, step left by right, step right foot forward

## TRIPLE STEP MAKING $\frac{1}{2}$ TURN RIGHT, WALK, WALK, SHUFFLE FORWARD, WALK WALK (END ON 3:00 WALL)

- 1&2            (Making  $\frac{1}{2}$  turn right) step right foot to right, step left by right, step right foot forward  
3-4            Step left, step right  
5&6            (Shuffle forward) step left forward, step right forward step left by right  
7-8            Walk right, walk left

## STEP CLAPS WITH A $\frac{1}{4}$ TURN TO RIGHT (END ON 6:00 WALL)

- 1-2            Step right foot to right side making a  $\frac{1}{4}$  turn right (facing 6:00 wall), clap  
3-4            Step left foot forward, clap  
5-6            Step right foot in place, hold  
7&8            Step left foot in place, clap, clap

## SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP (STAY ON 6:00 WALL)

- 1&2            (Side shuffle right) step right foot to right side, step left beside right, step right to right side  
3-4            (Rock step) step left foot diagonally behind right, rock forward onto right foot  
5&6            (Side shuffle left) step left foot to left side, step right beside left, step left to left side  
7-8            (Rock step) step right foot diagonally behind left, rock forward onto left foot

## TWO KICK BALL CHANGES, FORWARD ROCK STEP, MAKING HALF TURN RIGHT WITH TRIPLE STEP

- 1&2            (Kick ball change) kick right foot forward, step onto right foot, step onto left  
3&4            (Kick ball change) kick right foot forward, step onto right foot, step onto left  
5-6            (Rock step) rock forward onto right foot, rock back onto left foot  
7&8            (Making  $\frac{1}{2}$  turn right with triple step) step right foot to right making  $\frac{1}{2}$  turn (facing 12:00), step left by right, step right foot forward

## MAKING A FULL TURN WALK WALK, STEP WITH TOUCHES TO BOTH SIDES

- 1-2            (Turning to right - making whole turn) step forward on left (pivot on ball of left foot, making full turn to right) step forward on right  
3-4            Touch left foot out to left side, step forward on left  
5-6            Touch right foot to right side, step forward on right  
7-8            Touch left to left side, step forward on left

**STEP AND TURNS TO THE LEFT 4 TIMES (DON'T GET DIZZY!) START FACING 12:00 AND END ON 12:00**

**Remember this is a one wall line dance**

- 1 Step forward on right (pivot on ball of foot)
- 2 Making ½ turn left step left foot in place
- 3 Step forward on right
- 4 Making ½ turn left step left foot in place
- 5 Step forward on right
- 6 Making ½ turn left step left foot in place
- 7 Step forward on right
- 8 Making ½ turn left step left foot in place

**REPEAT**

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