

# Long Legs

拍數: 32      牆數: 4      級數: Improver  
編舞者: Ian Dunn (AUS)  
音樂: God Made Woman On a Good Day - Tracy Lawrence



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## STEP ½, TRIPLE ½, ROCK BACK, FORWARD, HEEL, BALL STEP

- 1-2            Step right forward, pivot ½ turn left transfer weight to left (6:00)
- 3&4           Triple step moving slightly forward right-left-right turning ½ turn left
- 5-6           Rock back on left, rock forward on right
- 7&8           Place left heel forward, step left back, step right forward

## STEP SWAY, RETURN, SHUFFLE BACK, ROCK BACK, RETURN ¾ LEFT

- 1            Step left forward dip slightly & sway left hip forward & face body to approx 1:30
- 2            Rock back onto right (return to face the home wall) and dip slightly & sway right hip back
- 3&4           Shuffle back left-right-left
- 5-6           Rock back onto right (leave left heel on floor & raise left toe for style), weight forward onto left
- 7            Step right forward ¼ turn left
- 8            Continue extra ½ turn left on the ball of right foot step forward on left (3:00)

## SHUFFLE, ½, SHUFFLE, ½

- 1&2           Shuffle forward right-left-right
- 3-4           Step left forward pivot turn ½ turn right transfer weight to right (9:00)
- 5&6           Shuffle forward left-right-left
- 7-8           Full turn left moving forward step right-left

## STEP, TOUCH, SHUFFLE, STEP, TOUCH, SHUFFLE

- 1-2           Step forward right at 45 degrees right, touch left toe beside right
- 3&4           Shuffle forward left-right-left at 45 degrees left
- 5-6           Step forward right at 45 degrees right, touch left toe beside right
- 7&8           Shuffle forward left-right-left at 45 degrees left

## REPEAT

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