

Long Gone!

拍數: 32 牆數: 2 級數: Improver
編舞者: Teresa Lawrence (UK), Vera Fisher (UK), Dee Musk (UK) & Vivienne Scott (CAN)
音樂: My Baby No Esta Aqui - Garth Brooks



MAMBO FORWARD, MAMBO BACK, MONTEREY ½ TURN, SIDE ROCK & CROSS

1&2 Rock right forward, recover on left, step right beside left
3&4 Rock left back, recover on right, step left beside right
5-6 Point right to right side, on ball of left turn ½ turn right stepping right beside left
7&8 Rock left to left side, recover on right, cross left over right

SIDE ROCK & CROSS, CHASSE ¼ TURN, STEP PIVOT STEP, LOCK STEP FORWARD

1&2 Rock right out to right side, recover weight to left, cross right over left
3&4 Step left to left side, close right beside left, make a ¼ turn left stepping forward on left
5&6 Step forward on right, make a ½ turn left, step forward on right
7&8 Step forward on left, lock left behind right, step forward on left

Tag here on wall 6

HEEL TOE HITCH SPLIT HEELS & TOES, TWICE

1&2& Dig right heel forward, touch right toe back, hitch right knee, step right next to left
3&4& Coming up on the balls of your feet splits heels apart, bring heels down & together, shifting weight on to your heels bring toes up & split them apart, bring toes back to place with weight going on to your right
5&6& Repeat as counts 1&2& but on the left with weight ending on left
7&8& Repeat as counts 3&4& with weight ending on left

VINE RIGHT SCUFF, VINE ¼ TURN SCUFF, SCUFFING PIVOTS

1&2& Step right to right side, cross left behind right, step right to right side, scuff left
3&4& Step left to left side, cross right behind left, making ¼ turn left step forward on left, scuff right forward
5&6& Step forward on right, pivot ½ left scuffing left forward, step forward on left, scuff right forward
7&8& Step forward on right, pivot ½ left scuffing left forward, step forward on left, scuff right forward

REPEAT

TAG

On wall 6 (which starts at the back wall) you will do the first 16 counts. You will be facing the 3:00 wall. Then just add this

1-2 Step forward on right, pivot ¼ left

This will bring you back to the home wall to start the dance again from beginning